

Wettkampf 38 - 400m Freistil männlich

Weltrekord: 03:39,96 - Märtens, Lukas (Germany) am 12.04.2025 in Stockholm (SWE)

Europarekord: 03:39,96 - Märtens, Lukas (Germany) am 12.04.2025 in Stockholm (SWE)

Deutscher Rekord: 03:39,96 - Märtens Lukas (SC Magdeburg) am 12.04.2025 in Stockholm (SW)

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Alexander Kritter	2015	SC Neustadt/Weinstraße	05:57,86	232
	100m: 01:25,16 (01:25,16) 200m: 02:57,58 (01:32,42) 300m: 04:30,06 (01:32,48) 400m: 05:57,86 (01:27,80)				
2.	Robert J Mallory	2015	Aquakids Kaiserslautern	06:19,61	194
	100m: 01:29,52 (01:29,52) 200m: 03:07,88 (01:38,36) 300m: 04:46,71 (01:38,83) 400m: 06:19,61 (01:32,90)				
3.	Moritz Bohn	2015	VfR Simmern	06:33,01	175
	100m: 01:34,83 (01:34,83) 200m: 03:15,65 (01:40,82) 300m: 04:56,61 (01:40,96) 400m: 06:33,01 (01:36,40)				
4.	Thomas Pashov	2015	SSV Mutterstadt	06:38,74	168
	100m: 01:32,29 (01:32,29) 200m: 03:16,37 (01:44,08) 300m: 05:00,60 (01:44,23) 400m: 06:38,74 (01:38,14)				

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Jayden Werwein	2014	Ludwigshafener SV	05:44,37	260
	100m: 01:23,39 (01:23,39) 200m: 02:51,28 (01:27,89) 300m: 04:19,62 (01:28,34) 400m: 05:44,37 (01:24,75)				
2.	Julian Kranz	2014	Schwimmclub Delphin Grünstadt	05:54,71	238
	100m: 01:20,29 (01:20,29) 200m: 02:51,39 (01:31,10) 300m: 04:24,62 (01:33,23) 400m: 05:54,71 (01:30,09)				
3.	Amon Bentz	2014	SC Wörth	06:28,35	181
	100m: 01:33,50 (01:33,50) 200m: 03:12,70 (01:39,20) 300m: 04:53,86 (01:41,16) 400m: 06:28,35 (01:34,49)				
4.	Noah Forster	2014	VfR Simmern	06:59,40	144
	100m: 01:38,64 (01:38,64) 200m: 03:27,35 (01:48,71) 300m: 05:17,50 (01:50,15) 400m: 06:59,40 (01:41,90)				

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Mattis Harnau	2013	Frankenthaler SV 1897	05:35,53	282
	100m: 01:19,26 (01:19,26) 200m: 02:46,67 (01:27,41) 300m: 04:13,85 (01:27,18) 400m: 05:35,53 (01:21,68)				
2.	Tim Hinkelbein	2013	Frankenthaler SV 1897	05:57,28	233
	100m: 01:23,60 (01:23,60) 200m: 02:54,37 (01:30,77) 300m: 04:27,25 (01:32,88) 400m: 05:57,28 (01:30,03)				
3.	Adrian Maltry	2013	Schwimmclub Delphin Grünstadt	06:27,12	183
	100m: 01:31,59 (01:31,59) 200m: 03:12,33 (01:40,74) 300m: 04:53,16 (01:40,83) 400m: 06:27,12 (01:33,96)				
4.	Mustafa Osmanov	2013	SSV Mutterstadt	06:37,18	170
	100m: 01:33,77 (01:33,77) 200m: 03:19,28 (01:45,51) 300m: 05:03,90 (01:44,62) 400m: 06:37,18 (01:33,28)				
5.	Cristian Marcu-Iordanescu	2013	SSV Mutterstadt	06:37,64	169
	100m: 01:28,76 (01:28,76) 200m: 03:11,74 (01:42,98) 300m: 04:58,74 (01:47,00) 400m: 06:37,64 (01:38,90)				

nicht am Start

Sebastian Wittmann 2013 SC Neustadt/Weinstraße

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Alexander Bakhardziev	2012	1. Durlacher SV 1906	05:18,82	328
	100m: 01:15,05 (01:15,05) 200m: 02:36,57 (01:21,52) 300m: 03:58,88 (01:22,31) 400m: 05:18,82 (01:19,94)				
2.	Marlon Bohn	2012	VfR Simmern	05:20,77	322
	100m: 01:15,31 (01:15,31) 200m: 02:38,58 (01:23,27) 300m: 04:01,55 (01:22,97) 400m: 05:20,77 (01:19,22)				



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Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
3.	Jonathan Baeßler	2012	SC Neustadt/Weinstraße	05:47,33	254
	100m: 01:24,04 (01:24,04) 200m: 02:54,39 (01:30,35) 300m: 04:23,43 (01:29,04) 400m: 05:47,33 (01:23,90)				
4.	Julian Mock	2012	Schwimmclub Delphin Grünstadt	05:53,39	241
	100m: 01:22,34 (01:22,34) 200m: 02:54,78 (01:32,44) 300m: 04:27,00 (01:32,22) 400m: 05:53,39 (01:26,39)				
5.	Samuel Wageck	2012	Schwimmclub Delphin Grünstadt	06:13,64	204
	100m: 01:28,52 (01:28,52) 200m: 03:05,68 (01:37,16) 300m: 04:42,98 (01:37,30) 400m: 06:13,64 (01:30,66)				
6.	Benjamin Farsadpour	2012	Kaiserslauterer SK	06:19,87	194
	100m: 01:27,90 (01:27,90) 200m: 03:07,10 (01:39,20) 300m: 04:47,72 (01:40,62) 400m: 06:19,87 (01:32,15)				
7.	Aleksander Schneider	2012	Ludwigshafener SV	06:44,35	161
	100m: 01:32,66 (01:32,66) 200m: 03:16,23 (01:43,57) 300m: 05:02,75 (01:46,52) 400m: 06:44,35 (01:41,60)				
	nicht am Start				
	Leon Kollenda	2012	SC Neustadt/Weinstraße		
	Simon Hengrich	2012	SC Neustadt/Weinstraße		

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Roman Kaisler	2011	SG EWR Rheinhessen-Mainz	04:43,87	465
	100m: 01:08,21 (01:08,21) 200m: 02:20,56 (01:12,35) 300m: 03:33,64 (01:13,08) 400m: 04:43,87 (01:10,23)				
2.	Liam Hughes	2011	Aquakids Kaiserslautern	05:02,02	386
	100m: 01:10,45 (01:10,45) 200m: 02:27,53 (01:17,08) 300m: 03:46,08 (01:18,55) 400m: 05:02,02 (01:15,94)				
3.	Zygimantas Songaila	2011	Schwimmclub Delphin Grünstadt	05:08,57	362
	100m: 01:13,62 (01:13,62) 200m: 02:33,92 (01:20,30) 300m: 03:54,11 (01:20,19) 400m: 05:08,57 (01:14,46)				
4.	Justus GROTE	2011	SSC Landau	05:44,93	259
	100m: 01:17,96 (01:17,96) 200m: 02:46,64 (01:28,68) 300m: 04:15,98 (01:29,34) 400m: 05:44,93 (01:28,95)				
5.	Matteo Johannes Müller	2011	VfR Simmern	06:17,71	197
	100m: 01:27,55 (01:27,55) 200m: 03:04,74 (01:37,19) 300m: 04:42,99 (01:38,25) 400m: 06:17,71 (01:34,72)				

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Aaron Damian Frank	2010	Frankenthaler SV 1897	04:42,91	470
	100m: 01:06,80 (01:06,80) 200m: 02:20,15 (01:13,35) 300m: 03:33,76 (01:13,61) 400m: 04:42,91 (01:09,15)				
2.	Henrik Schimpf	2010	SC Neustadt/Weinstraße	04:53,47	421
	100m: 01:10,33 (01:10,33) 200m: 02:25,13 (01:14,80) 300m: 03:39,74 (01:14,61) 400m: 04:53,47 (01:13,73)				
3.	Jonas Wenz	2010	SC Neustadt/Weinstraße	04:55,29	413
	100m: 01:09,33 (01:09,33) 200m: 02:24,10 (01:14,77) 300m: 03:40,08 (01:15,98) 400m: 04:55,29 (01:15,21)				
4.	EJ Risvanoglu	2010	Aquakids Kaiserslautern	05:23,90	313
	100m: 01:12,73 (01:12,73) 200m: 02:34,39 (01:21,66) 300m: 03:59,26 (01:24,87) 400m: 05:23,90 (01:24,64)				

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Julian Müller	2009	Frankenthaler SV 1897	05:13,32	346
	100m: 01:12,62 (01:12,62) 200m: 02:34,16 (01:21,54) 300m: 03:55,74 (01:21,58) 400m: 05:13,32 (01:17,58)				
2.	Felix Mußmann	2009	Schwimmclub Delphin Grünstadt	05:24,63	311
	100m: 01:14,91 (01:14,91) 200m: 02:38,86 (01:23,95) 300m: 04:02,10 (01:23,24) 400m: 05:24,63 (01:22,53)				

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Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
3.	Till Radünz 100m: 01:16,96 (01:16,96) 200m: 02:43,90 (01:26,94) 300m: 04:12,79 (01:28,89) 400m: 05:38,44 (01:25,65)	2009	Schwimmclub Delphin Grünstadt	05:38,44	274
4.	Fynn-Lasse Baumgärtner 100m: 01:18,89 (01:18,89) 200m: 02:47,30 (01:28,41) 300m: 04:16,87 (01:29,57) 400m: 05:41,80 (01:24,93)	2009	VfR Simmern	05:41,80	266
	<u>abgemeldet</u> Marc Alexander Wüst	2009	SSV Mutterstadt		

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Levii Pilger 100m: 01:01,03 (01:01,03) 200m: 02:08,70 (01:07,67) 300m: 03:17,25 (01:08,55) 400m: 04:24,77 (01:07,52)	2008	SG Rhein-Mosel	04:24,77	574
2.	Pascal Theß 100m: 01:05,96 (01:05,96) 200m: 02:19,25 (01:13,29) 300m: 03:35,08 (01:15,83) 400m: 04:49,51 (01:14,43)	2008	SG Rhein-Mosel	04:49,51	439
3.	Felix Wagner 100m: 01:07,19 (01:07,19) 200m: 02:21,70 (01:14,51) 300m: 03:37,51 (01:15,81) 400m: 04:51,89 (01:14,38)	2008	Kaiserslauterer SK	04:51,89	428
	<u>nicht am Start</u> Jos Köhler	2008	Frankenthaler SV 1897		
	<u>abgemeldet</u> Leon Zeiler	2008	SSV Mutterstadt		

Jahrgang 2007 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Yannik Wasserzier 100m: 01:03,57 (01:03,57) 200m: 02:14,13 (01:10,56) 300m: 03:29,13 (01:15,00) 400m: 04:44,10 (01:14,97)	2001	SSV Raunheim	04:44,10	464
2.	Luis Bender 100m: 01:06,50 (01:06,50) 200m: 02:20,53 (01:14,03) 300m: 03:33,44 (01:12,91) 400m: 04:44,95 (01:11,51)	2005	SC Neustadt/Weinstraße	04:44,95	460
3.	Keno Lagois 100m: 01:07,26 (01:07,26) 200m: 02:24,06 (01:16,80) 300m: 03:45,33 (01:21,27) 400m: 05:02,75 (01:17,42)	2006	1. Durlacher SV 1906	05:02,75	384
4.	Johannes Rheinheimer 100m: 01:19,06 (01:19,06) 200m: 02:46,31 (01:27,25) 300m: 04:11,92 (01:25,61) 400m: 05:35,12 (01:23,20)	2007	Ludwigshafener SV	05:35,12	283
	<u>nicht am Start</u> Julian Bender	2005	SC Neustadt/Weinstraße		