

Wettkampf 28 - 400m Freistil männlich

Weltrekord: 03:40,07 - Paul Biedermann (Germany) am 26.07.2009 in Rome (ITA)

Europarekord: 03:40,07 - Paul Biedermann (Germany) am 26.07.2009 in Rome (ITA)

Deutscher Rekord: 03:40,07 - Paul Biedermann (SV Halle/S.) am 26.07.2009 in Rome (ITA)

Bahnrekord Nordbad: 04:25,42 - Diego Alfons Heinze (SC Wiesbaden 1911) am 20.11.2021 in Darmstadt

Jahrgang 2008

Platz	Schwimmer	Jg.	Verein	Endzeit		
1.	Maximilian Ott	2008	DSW 1912 Darmstadt	04:40,13	484	4
	50m: 00:33,08 (00:33,08) 100m: 01:08,06 (00:34,98) 150m: 01:44,24 (00:36,18) 200m: 02:20,14 (00:35,90) 250m: 02:55,60 (00:35,46) 300m: 03:31,31 (00:35,71) 350m: 04:06,87 (00:35,56) 400m: 04:40,13 (00:33,26)					
2.	Benjamin Becker	2008	SCW Eschborn	04:47,27	449	2
	50m: 00:32,19 (00:32,19) 100m: 01:08,39 (00:36,20) 150m: 01:45,46 (00:37,07) 200m: 02:21,98 (00:36,52) 250m: 02:58,80 (00:36,82) 300m: 03:35,67 (00:36,87) 350m: 04:12,53 (00:36,86) 400m: 04:47,27 (00:34,74)					
3.	Francesco Barberio	2008	DSW 1912 Darmstadt	04:55,45	413	1
	50m: 00:32,48 (00:32,48) 100m: 01:08,89 (00:36,41) 150m: 01:46,42 (00:37,53) 200m: 02:24,36 (00:37,94) 250m: 03:02,93 (00:38,57) 300m: 03:41,38 (00:38,45) 350m: 04:19,58 (00:38,20) 400m: 04:55,45 (00:35,87)					
3.	Julian Koch	2008	Erster Sodener SC	04:55,45	413	1
	50m: 00:32,15 (00:32,15) 100m: 01:08,17 (00:36,02) 150m: 01:45,96 (00:37,79) 200m: 02:24,24 (00:38,28) 250m: 03:03,07 (00:38,83) 300m: 03:41,79 (00:38,72) 350m: 04:20,27 (00:38,48) 400m: 04:55,45 (00:35,18)					
5.	Marcell Shakirov	2008	DSW 1912 Darmstadt	04:55,57	412	
	50m: 00:32,17 (00:32,17) 100m: 01:09,24 (00:37,07) 150m: 01:46,84 (00:37,60) 200m: 02:25,36 (00:38,52) 250m: 03:03,03 (00:37,67) 300m: 03:41,05 (00:38,02) 350m: 04:19,21 (00:38,16) 400m: 04:55,57 (00:36,36)					
6.	Luis Cimiotti	2008	SG Wetterau	04:58,62	400	
	50m: 00:32,61 (00:32,61) 100m: 01:08,99 (00:36,38) 150m: 01:47,83 (00:38,84) 200m: 02:26,88 (00:39,05) 250m: 03:06,62 (00:39,74) 300m: 03:45,17 (00:38,55) 350m: 04:23,24 (00:38,07) 400m: 04:58,62 (00:35,38)					
7.	Felix Wagner	2008	Kaiserslauterer SK 1911	05:04,01	379	
	50m: 00:34,07 (00:34,07) 100m: 01:12,30 (00:38,23) 150m: 01:51,31 (00:39,01) 200m: 02:30,64 (00:39,33) 250m: 03:10,21 (00:39,57) 300m: 03:48,84 (00:38,63) 350m: 04:27,38 (00:38,54) 400m: 05:04,01 (00:36,63)					
8.	Charbel Jarjour	2008	SC Wiesbaden 1911	05:06,01	371	
	50m: 00:32,44 (00:32,44) 100m: 01:10,05 (00:37,61) 150m: 01:49,32 (00:39,27) 200m: 02:29,02 (00:39,70) 250m: 03:08,98 (00:39,96) 300m: 03:48,63 (00:39,65) 350m: 04:28,61 (00:39,98) 400m: 05:06,01 (00:37,40)					
9.	Cedric Wittmann	2008	SCW Eschborn	05:08,93	361	
	50m: 00:35,20 (00:35,20) 100m: 01:15,00 (00:39,80) 150m: 01:54,84 (00:39,84) 200m: 02:34,33 (00:39,49) 250m: 03:13,86 (00:39,53) 300m: 03:53,25 (00:39,39) 350m: 04:31,74 (00:38,49) 400m: 05:08,93 (00:37,19)					
10.	Rafael Schubert	2008	TSG Germania Dossenheim	05:30,22	295	
	50m: 00:36,16 (00:36,16) 100m: 01:18,04 (00:41,88) 150m: 01:59,63 (00:41,59) 200m: 02:42,85 (00:43,22) 250m: 03:25,26 (00:42,41) 300m: 04:08,43 (00:43,17) 350m: 04:50,99 (00:42,56) 400m: 05:30,22 (00:39,23)					
11.	Torben Weyland	2008	SG Worms	05:48,90	250	
	50m: 00:36,36 (00:36,36) 100m: 01:18,95 (00:42,59) 150m: 02:02,60 (00:43,65) 200m: 02:47,56 (00:44,96) 250m: 03:33,53 (00:45,97) 300m: 04:19,75 (00:46,22) 350m: 05:05,31 (00:45,56) 400m: 05:48,90 (00:43,59)					

nicht am Start

Borys Skybytskyi 2008 SV Nikar Heidelberg

disqualifiziert

Lucien Schrader 2008 Erster Sodener SC

Der Sportler hat bei der 50m-Wende die Wand nicht berührt.

Uhrzeit der Bekanntgabe: 19:15



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Jahrgang 2007

Platz	Schwimmer	Jg.	Verein	Endzeit		
1.	David Heymann	2007	SCW Eschborn	04:36,75	502	4
	50m: 00:30,43 (00:30,43) 100m: 01:04,52 (00:34,09) 150m: 01:39,83 (00:35,31) 200m: 02:16,01 (00:36,18) 250m: 02:51,97 (00:35,96) 300m: 03:28,01 (00:36,04) 350m: 04:03,45 (00:35,44) 400m: 04:36,75 (00:33,30)					
2.	Aeneas Knothe	2007	SC Villingen	04:55,04	414	2
	50m: 00:32,60 (00:32,60) 100m: 01:08,86 (00:36,26) 150m: 01:46,10 (00:37,24) 200m: 02:24,06 (00:37,96) 250m: 03:02,39 (00:38,33) 300m: 03:41,17 (00:38,78) 350m: 04:18,39 (00:37,22) 400m: 04:55,04 (00:36,65)					
3.	Tom Niklas Gentner	2007	Aalener Sportallianz	04:56,38	409	1
	50m: 00:33,08 (00:33,08) 100m: 01:10,63 (00:37,55) 150m: 01:49,01 (00:38,38) 200m: 02:27,31 (00:38,30) 250m: 03:05,01 (00:37,70) 300m: 03:42,58 (00:37,57) 350m: 04:19,96 (00:37,38) 400m: 04:56,38 (00:36,42)					
4.	Thomas Hergetz	2007	SV Mannheim	04:59,47	396	
	50m: 00:32,62 (00:32,62) 100m: 01:09,04 (00:36,42) 150m: 01:47,56 (00:38,52) 200m: 02:25,44 (00:37,88) 250m: 03:04,19 (00:38,75) 300m: 03:42,91 (00:38,72) 350m: 04:22,35 (00:39,44) 400m: 04:59,47 (00:37,12)					
5.	Jona Willi Schächer	2007	SC Wiesbaden 1911	04:59,51	396	
	50m: 00:33,14 (00:33,14) 100m: 01:10,17 (00:37,03) 150m: 01:48,24 (00:38,07) 200m: 02:26,85 (00:38,61) 250m: 03:05,44 (00:38,59) 300m: 03:44,33 (00:38,89) 350m: 04:22,36 (00:38,03) 400m: 04:59,51 (00:37,15)					
6.	Felix Besthorn	2007	SV Nikar Heidelberg	04:59,64	396	
	50m: 00:33,11 (00:33,11) 100m: 01:10,26 (00:37,15) 150m: 01:48,47 (00:38,21) 200m: 02:26,99 (00:38,52) 250m: 03:05,69 (00:38,70) 300m: 03:44,39 (00:38,70) 350m: 04:22,83 (00:38,44) 400m: 04:59,64 (00:36,81)					
7.	Tim Kalmbach	2007	SV Nikar Heidelberg	05:02,44	385	
	50m: 00:34,21 (00:34,21) 100m: 01:12,81 (00:38,60) 150m: 01:51,60 (00:38,79) 200m: 02:30,24 (00:38,64) 250m: 03:09,13 (00:38,89) 300m: 03:47,49 (00:38,36) 350m: 04:26,29 (00:38,80) 400m: 05:02,44 (00:36,15)					
8.	Elias Spandau	2007	SV Nikar Heidelberg	05:03,91	379	
	50m: 00:34,36 (00:34,36) 100m: 01:11,41 (00:37,05) 150m: 01:49,64 (00:38,23) 200m: 02:28,44 (00:38,80) 250m: 03:07,65 (00:39,21) 300m: 03:46,91 (00:39,26) 350m: 04:25,67 (00:38,76) 400m: 05:03,91 (00:38,24)					
9.	Balint Gerencser	2007	Erster Sodener SC	05:14,31	343	
	50m: 00:35,21 (00:35,21) 100m: 01:13,90 (00:38,69) 150m: 01:54,01 (00:40,11) 200m: 02:35,22 (00:41,21) 250m: 03:16,44 (00:41,22) 300m: 03:59,22 (00:42,78) 350m: 04:38,87 (00:39,65) 400m: 05:14,31 (00:35,44)					
10.	Laurens Plaschke	2007	SC Wiesbaden 1911	05:14,33	343	
	50m: 00:35,39 (00:35,39) 100m: 01:14,90 (00:39,51) 150m: 01:55,20 (00:40,30) 200m: 02:35,66 (00:40,46) 250m: 03:16,78 (00:41,12) 300m: 03:56,57 (00:39,79) 350m: 04:36,00 (00:39,43) 400m: 05:14,33 (00:38,33)					
11.	Lauris Gschwind	2007	SK Neptun Leimen	05:14,53	342	
	50m: 00:34,61 (00:34,61) 100m: 01:13,16 (00:38,55) 150m: 01:53,92 (00:40,76) 200m: 02:34,91 (00:40,99) 250m: 03:15,48 (00:40,57) 300m: 03:56,09 (00:40,61) 350m: 04:37,26 (00:41,17) 400m: 05:14,53 (00:37,27)					

Jahrgang 2006

Platz	Schwimmer	Jg.	Verein	Endzeit		
1.	Jan Hechler	2006	SV Nikar Heidelberg	04:27,47	557	4
	50m: 00:31,26 (00:31,26) 100m: 01:04,95 (00:33,69) 150m: 01:39,29 (00:34,34) 200m: 02:13,39 (00:34,10) 250m: 02:47,81 (00:34,42) 300m: 03:21,70 (00:33,89) 350m: 03:55,63 (00:33,93) 400m: 04:27,47 (00:31,84)					
2.	Ritschard Ulrich	2006	SC Villingen	04:30,19	540	2
	50m: 00:29,81 (00:29,81) 100m: 01:03,29 (00:33,48) 150m: 01:37,08 (00:33,79) 200m: 02:12,18 (00:35,10) 250m: 02:46,84 (00:34,66) 300m: 03:22,09 (00:35,25) 350m: 03:56,59 (00:34,50) 400m: 04:30,19 (00:33,60)					
3.	Leopold Heuberger	2006	DSW 1912 Darmstadt	04:34,32	516	1
	50m: 00:31,17 (00:31,17) 100m: 01:05,55 (00:34,38) 150m: 01:40,48 (00:34,93) 200m: 02:15,88 (00:35,40) 250m: 02:50,36 (00:34,48) 300m: 03:25,51 (00:35,15) 350m: 04:00,66 (00:35,15) 400m: 04:34,32 (00:33,66)					
4.	Eldar Abbasov	2006	Mainzer Schwimmverein 01	04:35,23	511	
	50m: 00:30,82 (00:30,82) 100m: 01:04,84 (00:34,02) 150m: 01:38,95 (00:34,11) 200m: 02:13,86 (00:34,91) 250m: 02:49,96 (00:36,10) 300m: 03:27,49 (00:37,53) 350m: 04:02,58 (00:35,09) 400m: 04:35,23 (00:32,65)					



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Platz	Schwimmer	Jg.	Verein	Endzeit	
5.	Arpad Rickert	2006	SV Nikar Heidelberg	04:35,60	509
	50m: 00:31,08 (00:31,08) 100m: 01:05,53 (00:34,45) 150m: 01:40,91 (00:35,38) 200m: 02:16,25 (00:35,34) 250m: 02:51,90 (00:35,65) 300m: 03:27,38 (00:35,48) 350m: 04:02,56 (00:35,18) 400m: 04:35,60 (00:33,04)				
6.	Oliver Maximilian Chukin	2006	Mainzer Schwimmverein 01	04:47,59	448
	50m: 00:31,62 (00:31,62) 100m: 01:06,39 (00:34,77) 150m: 01:42,81 (00:36,42) 200m: 02:18,90 (00:36,09) 250m: 02:56,45 (00:37,55) 300m: 03:33,42 (00:36,97) 350m: 04:11,06 (00:37,64) 400m: 04:47,59 (00:36,53)				
7.	Thorben Emil Such	2006	SV Poseidon Limburg	04:49,10	441
	50m: 00:32,64 (00:32,64) 100m: 01:08,80 (00:36,16) 150m: 01:45,76 (00:36,96) 200m: 02:22,89 (00:37,13) 250m: 03:00,08 (00:37,19) 300m: 03:37,31 (00:37,23) 350m: 04:14,02 (00:36,71) 400m: 04:49,10 (00:35,08)				
8.	Josef Höglinger	2006	SG Wetterau	04:58,97	398
	50m: 00:30,53 (00:30,53) 100m: 01:06,84 (00:36,31) 150m: 01:44,74 (00:37,90) 200m: 02:23,85 (00:39,11) 250m: 03:03,74 (00:39,89) 300m: 03:44,14 (00:40,40) 350m: 04:23,98 (00:39,84) 400m: 04:58,97 (00:34,99)				
9.	Cyril Prang	2006	SV Nikar Heidelberg	04:59,76	395
	50m: 00:32,73 (00:32,73) 100m: 01:10,30 (00:37,57) 150m: 01:49,12 (00:38,82) 200m: 02:28,30 (00:39,18) 250m: 03:07,33 (00:39,03) 300m: 03:46,11 (00:38,78) 350m: 04:23,82 (00:37,71) 400m: 04:59,76 (00:35,94)				
10.	Maximilian Failing	2006	SVS Griesheim	05:28,94	299
	50m: 00:36,48 (00:36,48) 100m: 01:17,44 (00:40,96) 150m: 01:58,67 (00:41,23) 200m: 02:41,71 (00:43,04) 250m: 03:25,13 (00:43,42) 300m: 04:07,92 (00:42,79) 350m: 04:50,20 (00:42,28) 400m: 05:28,94 (00:38,74)				

Jahrgang 2005

Platz	Schwimmer	Jg.	Verein	Endzeit	
1.	Philipp Diehl	2005	SV Nikar Heidelberg	04:21,57	595 4
	50m: 00:29,19 (00:29,19) 100m: 01:01,22 (00:32,03) 150m: 01:34,25 (00:33,03) 200m: 02:07,48 (00:33,23) 250m: 02:41,26 (00:33,78) 300m: 03:14,95 (00:33,69) 350m: 03:49,01 (00:34,06) 400m: 04:21,57 (00:32,56)				
2.	Borys Endlé	2005	SG Frankfurt	04:25,49	569 2
	50m: 00:28,79 (00:28,79) 100m: 01:01,38 (00:32,59) 150m: 01:35,93 (00:34,55) 200m: 02:10,76 (00:34,83) 250m: 02:45,47 (00:34,71) 300m: 03:20,70 (00:35,23) 350m: 03:54,16 (00:33,46) 400m: 04:25,49 (00:31,33)				
3.	Sam Märkisch	2005	STV Pegnitz	04:38,42	493 1
	50m: 00:31,33 (00:31,33) 100m: 01:05,81 (00:34,48) 150m: 01:41,21 (00:35,40) 200m: 02:16,96 (00:35,75) 250m: 02:52,83 (00:35,87) 300m: 03:29,15 (00:36,32) 350m: 04:04,96 (00:35,81) 400m: 04:38,42 (00:33,46)				
4.	Noah Schäfer	2005	SC Villingen	04:53,00	423
	50m: 00:34,03 (00:34,03) 100m: 01:10,74 (00:36,71) 150m: 01:47,92 (00:37,18) 200m: 02:24,67 (00:36,75) 250m: 03:01,78 (00:37,11) 300m: 03:38,95 (00:37,17) 350m: 04:16,32 (00:37,37) 400m: 04:53,00 (00:36,68)				
5.	Ilja Widmer	2005	SK Neptun Leimen	04:56,99	406
	50m: 00:32,90 (00:32,90) 100m: 01:09,21 (00:36,31) 150m: 01:45,51 (00:36,30) 200m: 02:23,46 (00:37,95) 250m: 03:00,08 (00:36,62) 300m: 03:40,18 (00:40,10) 350m: 04:20,07 (00:39,89) 400m: 04:56,99 (00:36,92)				
6.	Jakob Wagner	2005	Kaiserslauterer SK 1911	05:00,77	391
	50m: 00:32,70 (00:32,70) 100m: 01:09,64 (00:36,94) 150m: 01:48,29 (00:38,65) 200m: 02:27,81 (00:39,52) 250m: 03:06,46 (00:38,65) 300m: 03:45,55 (00:39,09) 350m: 04:24,13 (00:38,58) 400m: 05:00,77 (00:36,64)				
7.	Manuel Heuß	2005	Mainzer Schwimmverein 01	05:05,36	374
	50m: 00:34,60 (00:34,60) 100m: 01:12,75 (00:38,15) 150m: 01:51,50 (00:38,75) 200m: 02:31,20 (00:39,70) 250m: 03:10,02 (00:38,82) 300m: 03:49,07 (00:39,05) 350m: 04:28,05 (00:38,98) 400m: 05:05,36 (00:37,31)				
8.	Benedikt Uhl	2005	Aalener Sportallianz	05:05,81	372
	50m: 00:33,17 (00:33,17) 100m: 01:10,86 (00:37,69) 150m: 01:49,52 (00:38,66) 200m: 02:30,04 (00:40,52) 250m: 03:09,57 (00:39,53) 300m: 03:50,14 (00:40,57) 350m: 04:29,43 (00:39,29) 400m: 05:05,81 (00:36,38)				



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Jahrgang 2004

Platz	Schwimmer	Jg.	Verein	Endzeit		
1.	Jakob Artjom Knoblauch	2004	DSW 1912 Darmstadt	04:21,10	598	4
	50m: 00:28,96 (00:28,96) 100m: 01:00,80 (00:31,84) 150m: 01:33,66 (00:32,86) 200m: 02:07,33 (00:33,67) 250m: 02:40,32 (00:32,99) 300m: 03:13,98 (00:33,66) 350m: 03:47,90 (00:33,92) 400m: 04:21,10 (00:33,20)					
2.	Michael Bauer	2004	SV Mannheim	04:24,13	578	2
	50m: 00:29,94 (00:29,94) 100m: 01:02,89 (00:32,95) 150m: 01:36,78 (00:33,89) 200m: 02:10,86 (00:34,08) 250m: 02:45,22 (00:34,36) 300m: 03:19,85 (00:34,63) 350m: 03:53,16 (00:33,31) 400m: 04:24,13 (00:30,97)					
3.	Timon Spieth	2004	SG Offenburg-Hausach	04:35,75	508	1
	50m: 00:31,08 (00:31,08) 100m: 01:06,06 (00:34,98) 150m: 01:41,71 (00:35,65) 200m: 02:16,82 (00:35,11) 250m: 02:52,27 (00:35,45) 300m: 03:27,57 (00:35,30) 350m: 04:02,59 (00:35,02) 400m: 04:35,75 (00:33,16)					

Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit			
1.	Christian Keber	1998	SC Wiesbaden 1911	04:03,00	742	4	BR
	50m: 00:28,04 (00:28,04) 100m: 00:58,39 (00:30,35) 150m: 01:29,52 (00:31,13) 200m: 02:00,85 (00:31,33) 250m: 02:31,79 (00:30,94) 300m: 03:02,62 (00:30,83) 350m: 03:33,31 (00:30,69) 400m: 04:03,00 (00:29,69)						
2.	Jon Kantzenbach	2002	SC Wiesbaden 1911	04:05,67	718	2	
	50m: 00:27,61 (00:27,61) 100m: 00:57,97 (00:30,36) 150m: 01:29,30 (00:31,33) 200m: 02:00,97 (00:31,67) 250m: 02:33,00 (00:32,03) 300m: 03:03,89 (00:30,89) 350m: 03:35,09 (00:31,20) 400m: 04:05,67 (00:30,58)						
3.	Jan-Christoph Dümpe	2003	SG Frankfurt	04:12,78	659	1	
	50m: 00:27,81 (00:27,81) 100m: 00:58,17 (00:30,36) 150m: 01:29,47 (00:31,30) 200m: 02:01,61 (00:32,14) 250m: 02:33,61 (00:32,00) 300m: 03:06,18 (00:32,57) 350m: 03:39,72 (00:33,54) 400m: 04:12,78 (00:33,06)						
4.	Jakob Artjom Knoblauch	2004	DSW 1912 Darmstadt	04:21,10	598		
	50m: 00:28,96 (00:28,96) 100m: 01:00,80 (00:31,84) 150m: 01:33,66 (00:32,86) 200m: 02:07,33 (00:33,67) 250m: 02:40,32 (00:32,99) 300m: 03:13,98 (00:33,66) 350m: 03:47,90 (00:33,92) 400m: 04:21,10 (00:33,20)						
5.	Philipp Diehl	2005	SV Nikar Heidelberg	04:21,57	595		
	50m: 00:29,19 (00:29,19) 100m: 01:01,22 (00:32,03) 150m: 01:34,25 (00:33,03) 200m: 02:07,48 (00:33,23) 250m: 02:41,26 (00:33,78) 300m: 03:14,95 (00:33,69) 350m: 03:49,01 (00:34,06) 400m: 04:21,57 (00:32,56)						
6.	Ante Dany	2000	DSW 1912 Darmstadt	04:24,07	578		
	50m: 00:30,34 (00:30,34) 100m: 01:03,01 (00:32,67) 150m: 01:37,09 (00:34,08) 200m: 02:11,96 (00:34,87) 250m: 02:45,79 (00:33,83) 300m: 03:20,82 (00:35,03) 350m: 03:54,99 (00:34,17) 400m: 04:24,07 (00:29,08)						
7.	Michael Bauer	2004	SV Mannheim	04:24,13	578		
	50m: 00:29,94 (00:29,94) 100m: 01:02,89 (00:32,95) 150m: 01:36,78 (00:33,89) 200m: 02:10,86 (00:34,08) 250m: 02:45,22 (00:34,36) 300m: 03:19,85 (00:34,63) 350m: 03:53,16 (00:33,31) 400m: 04:24,13 (00:30,97)						
8.	Borys Endlé	2005	SG Frankfurt	04:25,49	569		
	50m: 00:28,79 (00:28,79) 100m: 01:01,38 (00:32,59) 150m: 01:35,93 (00:34,55) 200m: 02:10,76 (00:34,83) 250m: 02:45,47 (00:34,71) 300m: 03:20,70 (00:35,23) 350m: 03:54,16 (00:33,46) 400m: 04:25,49 (00:31,33)						
9.	Jan Hechler	2006	SV Nikar Heidelberg	04:27,47	557		
	50m: 00:31,26 (00:31,26) 100m: 01:04,95 (00:33,69) 150m: 01:39,29 (00:34,34) 200m: 02:13,39 (00:34,10) 250m: 02:47,81 (00:34,42) 300m: 03:21,70 (00:33,89) 350m: 03:55,63 (00:33,93) 400m: 04:27,47 (00:31,84)						
10.	Lars Kalenka	1973	SV Nikar Heidelberg	04:28,93	547		
	50m: 00:30,27 (00:30,27) 100m: 01:03,82 (00:33,55) 150m: 01:37,89 (00:34,07) 200m: 02:12,45 (00:34,56) 250m: 02:47,38 (00:34,93) 300m: 03:22,01 (00:34,63) 350m: 03:56,13 (00:34,12) 400m: 04:28,93 (00:32,80)						
11.	Jonathan Rollwa	2003	SG EWR Rheinhessen-Mainz	04:29,23	546		
	50m: 00:31,08 (00:31,08) 100m: 01:04,69 (00:33,61) 150m: 01:38,37 (00:33,68) 200m: 02:12,50 (00:34,13) 250m: 02:46,75 (00:34,25) 300m: 03:21,22 (00:34,47) 350m: 03:55,82 (00:34,60) 400m: 04:29,23 (00:33,41)						
12.	Ritschard Ulrich	2006	SC Villingen	04:30,19	540		
	50m: 00:29,81 (00:29,81) 100m: 01:03,29 (00:33,48) 150m: 01:37,08 (00:33,79) 200m: 02:12,18 (00:35,10) 250m: 02:46,84 (00:34,66) 300m: 03:22,09 (00:35,25) 350m: 03:56,59 (00:34,50) 400m: 04:30,19 (00:33,60)						



noch Wettkampf 28 - 400m Freistil männlich

noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit	
13.	Sebastiano Lanucara	2002	DSW 1912 Darmstadt	04:32,60	526
	50m: 00:30,09 (00:30,09) 100m: 01:03,12 (00:33,03) 150m: 01:37,06 (00:33,94) 200m: 02:11,91 (00:34,85) 250m: 02:46,93 (00:35,02) 300m: 03:22,52 (00:35,59) 350m: 03:58,19 (00:35,67) 400m: 04:32,60 (00:34,41)				
14.	Leopold Heuberger	2006	DSW 1912 Darmstadt	04:34,32	516
	50m: 00:31,17 (00:31,17) 100m: 01:05,55 (00:34,38) 150m: 01:40,48 (00:34,93) 200m: 02:15,88 (00:35,40) 250m: 02:50,36 (00:34,48) 300m: 03:25,51 (00:35,15) 350m: 04:00,66 (00:35,15) 400m: 04:34,32 (00:33,66)				
15.	Eldar Abbasov	2006	Mainzer Schwimmverein 01	04:35,23	511
	50m: 00:30,82 (00:30,82) 100m: 01:04,84 (00:34,02) 150m: 01:38,95 (00:34,11) 200m: 02:13,86 (00:34,91) 250m: 02:49,96 (00:36,10) 300m: 03:27,49 (00:37,53) 350m: 04:02,58 (00:35,09) 400m: 04:35,23 (00:32,65)				
16.	Arpad Rickert	2006	SV Nikar Heidelberg	04:35,60	509
	50m: 00:31,08 (00:31,08) 100m: 01:05,53 (00:34,45) 150m: 01:40,91 (00:35,38) 200m: 02:16,25 (00:35,34) 250m: 02:51,90 (00:35,65) 300m: 03:27,38 (00:35,48) 350m: 04:02,56 (00:35,18) 400m: 04:35,60 (00:33,04)				
17.	Timon Spieth	2004	SG Offenburg-Hausach	04:35,75	508
	50m: 00:31,08 (00:31,08) 100m: 01:06,06 (00:34,98) 150m: 01:41,71 (00:35,65) 200m: 02:16,82 (00:35,11) 250m: 02:52,27 (00:35,45) 300m: 03:27,57 (00:35,30) 350m: 04:02,59 (00:35,02) 400m: 04:35,75 (00:33,16)				
18.	David Heymann	2007	SCW Eschborn	04:36,75	502
	50m: 00:30,43 (00:30,43) 100m: 01:04,52 (00:34,09) 150m: 01:39,83 (00:35,31) 200m: 02:16,01 (00:36,18) 250m: 02:51,97 (00:35,96) 300m: 03:28,01 (00:36,04) 350m: 04:03,45 (00:35,44) 400m: 04:36,75 (00:33,30)				
19.	Sam Märkisch	2005	STV Pegnitz	04:38,42	493
	50m: 00:31,33 (00:31,33) 100m: 01:05,81 (00:34,48) 150m: 01:41,21 (00:35,40) 200m: 02:16,96 (00:35,75) 250m: 02:52,83 (00:35,87) 300m: 03:29,15 (00:36,32) 350m: 04:04,96 (00:35,81) 400m: 04:38,42 (00:33,46)				
20.	Maximilian Ott	2008	DSW 1912 Darmstadt	04:40,13	484
	50m: 00:33,08 (00:33,08) 100m: 01:08,06 (00:34,98) 150m: 01:44,24 (00:36,18) 200m: 02:20,14 (00:35,90) 250m: 02:55,60 (00:35,46) 300m: 03:31,31 (00:35,71) 350m: 04:06,87 (00:35,56) 400m: 04:40,13 (00:33,26)				
21.	Benjamin Becker	2008	SCW Eschborn	04:47,27	449
	50m: 00:32,19 (00:32,19) 100m: 01:08,39 (00:36,20) 150m: 01:45,46 (00:37,07) 200m: 02:21,98 (00:36,52) 250m: 02:58,80 (00:36,82) 300m: 03:35,67 (00:36,87) 350m: 04:12,53 (00:36,86) 400m: 04:47,27 (00:34,74)				
22.	Oliver Maximilian Chukin	2006	Mainzer Schwimmverein 01	04:47,59	448
	50m: 00:31,62 (00:31,62) 100m: 01:06,39 (00:34,77) 150m: 01:42,81 (00:36,42) 200m: 02:18,90 (00:36,09) 250m: 02:56,45 (00:37,55) 300m: 03:33,42 (00:36,97) 350m: 04:11,06 (00:37,64) 400m: 04:47,59 (00:36,53)				
23.	Thorben Emil Such	2006	SV Poseidon Limburg	04:49,10	441
	50m: 00:32,64 (00:32,64) 100m: 01:08,80 (00:36,16) 150m: 01:45,76 (00:36,96) 200m: 02:22,89 (00:37,13) 250m: 03:00,08 (00:37,19) 300m: 03:37,31 (00:37,23) 350m: 04:14,02 (00:36,71) 400m: 04:49,10 (00:35,08)				
24.	Noah Schäfer	2005	SC Villingen	04:53,00	423
	50m: 00:34,03 (00:34,03) 100m: 01:10,74 (00:36,71) 150m: 01:47,92 (00:37,18) 200m: 02:24,67 (00:36,75) 250m: 03:01,78 (00:37,11) 300m: 03:38,95 (00:37,17) 350m: 04:16,32 (00:37,37) 400m: 04:53,00 (00:36,68)				
25.	Aeneas Knothe	2007	SC Villingen	04:55,04	414
	50m: 00:32,60 (00:32,60) 100m: 01:08,86 (00:36,26) 150m: 01:46,10 (00:37,24) 200m: 02:24,06 (00:37,96) 250m: 03:02,39 (00:38,33) 300m: 03:41,17 (00:38,78) 350m: 04:18,39 (00:37,22) 400m: 04:55,04 (00:36,65)				
26.	Francesco Barberio	2008	DSW 1912 Darmstadt	04:55,45	413
	50m: 00:32,48 (00:32,48) 100m: 01:08,89 (00:36,41) 150m: 01:46,42 (00:37,53) 200m: 02:24,36 (00:37,94) 250m: 03:02,93 (00:38,57) 300m: 03:41,38 (00:38,45) 350m: 04:19,58 (00:38,20) 400m: 04:55,45 (00:35,87)				
26.	Julian Koch	2008	Erster Sodener SC	04:55,45	413
	50m: 00:32,15 (00:32,15) 100m: 01:08,17 (00:36,02) 150m: 01:45,96 (00:37,79) 200m: 02:24,24 (00:38,28) 250m: 03:03,07 (00:38,83) 300m: 03:41,79 (00:38,72) 350m: 04:20,27 (00:38,48) 400m: 04:55,45 (00:35,18)				
28.	Marcell Shakirov	2008	DSW 1912 Darmstadt	04:55,57	412
	50m: 00:32,17 (00:32,17) 100m: 01:09,24 (00:37,07) 150m: 01:46,84 (00:37,60) 200m: 02:25,36 (00:38,52) 250m: 03:03,03 (00:37,67) 300m: 03:41,05 (00:38,02) 350m: 04:19,21 (00:38,16) 400m: 04:55,57 (00:36,36)				



noch Wettkampf 28 - 400m Freistil männlich

noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit	
29.	Martin Klein	1979	Berliner TSC	04:55,61	412
	50m: 00:31,32 (00:31,32) 100m: 01:07,02 (00:35,70) 150m: 01:43,81 (00:36,79) 200m: 02:21,97 (00:38,16) 250m: 03:00,28 (00:38,31) 300m: 03:39,21 (00:38,93) 350m: 04:18,54 (00:39,33) 400m: 04:55,61 (00:37,07)				
30.	Tom Niklas Gentner	2007	Aalener Sportallianz	04:56,38	409
	50m: 00:33,08 (00:33,08) 100m: 01:10,63 (00:37,55) 150m: 01:49,01 (00:38,38) 200m: 02:27,31 (00:38,30) 250m: 03:05,01 (00:37,70) 300m: 03:42,58 (00:37,57) 350m: 04:19,96 (00:37,38) 400m: 04:56,38 (00:36,42)				
31.	Ilja Widmer	2005	SK Neptun Leimen	04:56,99	406
	50m: 00:32,90 (00:32,90) 100m: 01:09,21 (00:36,31) 150m: 01:45,51 (00:36,30) 200m: 02:23,46 (00:37,95) 250m: 03:00,08 (00:36,62) 300m: 03:40,18 (00:40,10) 350m: 04:20,07 (00:39,89) 400m: 04:56,99 (00:36,92)				
32.	Luis Cimiotti	2008	SG Wetterau	04:58,62	400
	50m: 00:32,61 (00:32,61) 100m: 01:08,99 (00:36,38) 150m: 01:47,83 (00:38,84) 200m: 02:26,88 (00:39,05) 250m: 03:06,62 (00:39,74) 300m: 03:45,17 (00:38,55) 350m: 04:23,24 (00:38,07) 400m: 04:58,62 (00:35,38)				
33.	Josef Höglinger	2006	SG Wetterau	04:58,97	398
	50m: 00:30,53 (00:30,53) 100m: 01:06,84 (00:36,31) 150m: 01:44,74 (00:37,90) 200m: 02:23,85 (00:39,11) 250m: 03:03,74 (00:39,89) 300m: 03:44,14 (00:40,40) 350m: 04:23,98 (00:39,84) 400m: 04:58,97 (00:34,99)				
34.	Lukas Bahle	1995	SVS Griesheim	04:59,10	398
	50m: 00:30,92 (00:30,92) 100m: 01:06,48 (00:35,56) 150m: 01:44,69 (00:38,21) 200m: 02:22,87 (00:38,18) 250m: 03:01,95 (00:39,08) 300m: 03:41,38 (00:39,43) 350m: 04:21,17 (00:39,79) 400m: 04:59,10 (00:37,93)				
35.	Thomas Hergetz	2007	SV Mannheim	04:59,47	396
	50m: 00:32,62 (00:32,62) 100m: 01:09,04 (00:36,42) 150m: 01:47,56 (00:38,52) 200m: 02:25,44 (00:37,88) 250m: 03:04,19 (00:38,75) 300m: 03:42,91 (00:38,72) 350m: 04:22,35 (00:39,44) 400m: 04:59,47 (00:37,12)				
36.	Jona Willi Schächer	2007	SC Wiesbaden 1911	04:59,51	396
	50m: 00:33,14 (00:33,14) 100m: 01:10,17 (00:37,03) 150m: 01:48,24 (00:38,07) 200m: 02:26,85 (00:38,61) 250m: 03:05,44 (00:38,59) 300m: 03:44,33 (00:38,89) 350m: 04:22,36 (00:38,03) 400m: 04:59,51 (00:37,15)				
37.	Felix Besthorn	2007	SV Nikar Heidelberg	04:59,64	396
	50m: 00:33,11 (00:33,11) 100m: 01:10,26 (00:37,15) 150m: 01:48,47 (00:38,21) 200m: 02:26,99 (00:38,52) 250m: 03:05,69 (00:38,70) 300m: 03:44,39 (00:38,70) 350m: 04:22,83 (00:38,44) 400m: 04:59,64 (00:36,81)				
38.	Cyril Prang	2006	SV Nikar Heidelberg	04:59,76	395
	50m: 00:32,73 (00:32,73) 100m: 01:10,30 (00:37,57) 150m: 01:49,12 (00:38,82) 200m: 02:28,30 (00:39,18) 250m: 03:07,33 (00:39,03) 300m: 03:46,11 (00:38,78) 350m: 04:23,82 (00:37,71) 400m: 04:59,76 (00:35,94)				
39.	Jakob Wagner	2005	Kaiserslauterer SK 1911	05:00,77	391
	50m: 00:32,70 (00:32,70) 100m: 01:09,64 (00:36,94) 150m: 01:48,29 (00:38,65) 200m: 02:27,81 (00:39,52) 250m: 03:06,46 (00:38,65) 300m: 03:45,55 (00:39,09) 350m: 04:24,13 (00:38,58) 400m: 05:00,77 (00:36,64)				
40.	Tim Kalmbach	2007	SV Nikar Heidelberg	05:02,44	385
	50m: 00:34,21 (00:34,21) 100m: 01:12,81 (00:38,60) 150m: 01:51,60 (00:38,79) 200m: 02:30,24 (00:38,64) 250m: 03:09,13 (00:38,89) 300m: 03:47,49 (00:38,36) 350m: 04:26,29 (00:38,80) 400m: 05:02,44 (00:36,15)				
41.	Elias Spandau	2007	SV Nikar Heidelberg	05:03,91	379
	50m: 00:34,36 (00:34,36) 100m: 01:11,41 (00:37,05) 150m: 01:49,64 (00:38,23) 200m: 02:28,44 (00:38,80) 250m: 03:07,65 (00:39,21) 300m: 03:46,91 (00:39,26) 350m: 04:25,67 (00:38,76) 400m: 05:03,91 (00:38,24)				
42.	Felix Wagner	2008	Kaiserslauterer SK 1911	05:04,01	379
	50m: 00:34,07 (00:34,07) 100m: 01:12,30 (00:38,23) 150m: 01:51,31 (00:39,01) 200m: 02:30,64 (00:39,33) 250m: 03:10,21 (00:39,57) 300m: 03:48,84 (00:38,63) 350m: 04:27,38 (00:38,54) 400m: 05:04,01 (00:36,63)				
43.	Manuel Heuß	2005	Mainzer Schwimmverein 01	05:05,36	374
	50m: 00:34,60 (00:34,60) 100m: 01:12,75 (00:38,15) 150m: 01:51,50 (00:38,75) 200m: 02:31,20 (00:39,70) 250m: 03:10,02 (00:38,82) 300m: 03:49,07 (00:39,05) 350m: 04:28,05 (00:38,98) 400m: 05:05,36 (00:37,31)				
44.	Benedikt Uhl	2005	Aalener Sportallianz	05:05,81	372
	50m: 00:33,17 (00:33,17) 100m: 01:10,86 (00:37,69) 150m: 01:49,52 (00:38,66) 200m: 02:30,04 (00:40,52) 250m: 03:09,57 (00:39,53) 300m: 03:50,14 (00:40,57) 350m: 04:29,43 (00:39,29) 400m: 05:05,81 (00:36,38)				



noch Wettkampf 28 - 400m Freistil männlich

noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit	
45.	Charbel Jarjour	2008	SC Wiesbaden 1911	05:06,01	371
	50m: 00:32,44 (00:32,44) 100m: 01:10,05 (00:37,61) 150m: 01:49,32 (00:39,27) 200m: 02:29,02 (00:39,70) 250m: 03:08,98 (00:39,96) 300m: 03:48,63 (00:39,65) 350m: 04:28,61 (00:39,98) 400m: 05:06,01 (00:37,40)				
46.	Cedric Wittmann	2008	SCW Eschborn	05:08,93	361
	50m: 00:35,20 (00:35,20) 100m: 01:15,00 (00:39,80) 150m: 01:54,84 (00:39,84) 200m: 02:34,33 (00:39,49) 250m: 03:13,86 (00:39,53) 300m: 03:53,25 (00:39,39) 350m: 04:31,74 (00:38,49) 400m: 05:08,93 (00:37,19)				
47.	Max Holtkamp	1995	SVS Griesheim	05:10,33	356
	50m: 00:33,66 (00:33,66) 100m: 01:12,74 (00:39,08) 150m: 01:52,19 (00:39,45) 200m: 02:32,74 (00:40,55) 250m: 03:12,27 (00:39,53) 300m: 03:52,87 (00:40,60) 350m: 04:32,64 (00:39,77) 400m: 05:10,33 (00:37,69)				
48.	Balint Gerencser	2007	Erster Sodener SC	05:14,31	343
	50m: 00:35,21 (00:35,21) 100m: 01:13,90 (00:38,69) 150m: 01:54,01 (00:40,11) 200m: 02:35,22 (00:41,21) 250m: 03:16,44 (00:41,22) 300m: 03:59,22 (00:42,78) 350m: 04:38,87 (00:39,65) 400m: 05:14,31 (00:35,44)				
49.	Laurens Plaschke	2007	SC Wiesbaden 1911	05:14,33	343
	50m: 00:35,39 (00:35,39) 100m: 01:14,90 (00:39,51) 150m: 01:55,20 (00:40,30) 200m: 02:35,66 (00:40,46) 250m: 03:16,78 (00:41,12) 300m: 03:56,57 (00:39,79) 350m: 04:36,00 (00:39,43) 400m: 05:14,33 (00:38,33)				
50.	Lauris Gschwind	2007	SK Neptun Leimen	05:14,53	342
	50m: 00:34,61 (00:34,61) 100m: 01:13,16 (00:38,55) 150m: 01:53,92 (00:40,76) 200m: 02:34,91 (00:40,99) 250m: 03:15,48 (00:40,57) 300m: 03:56,09 (00:40,61) 350m: 04:37,26 (00:41,17) 400m: 05:14,53 (00:37,27)				
51.	Maximilian Failing	2006	SVS Griesheim	05:28,94	299
	50m: 00:36,48 (00:36,48) 100m: 01:17,44 (00:40,96) 150m: 01:58,67 (00:41,23) 200m: 02:41,71 (00:43,04) 250m: 03:25,13 (00:43,42) 300m: 04:07,92 (00:42,79) 350m: 04:50,20 (00:42,28) 400m: 05:28,94 (00:38,74)				
52.	Rafael Schubert	2008	TSG Germania Dossenheim	05:30,22	295
	50m: 00:36,16 (00:36,16) 100m: 01:18,04 (00:41,88) 150m: 01:59,63 (00:41,59) 200m: 02:42,85 (00:43,22) 250m: 03:25,26 (00:42,41) 300m: 04:08,43 (00:43,17) 350m: 04:50,99 (00:42,56) 400m: 05:30,22 (00:39,23)				
53.	Torben Weyland	2008	SG Worms	05:48,90	250
	50m: 00:36,36 (00:36,36) 100m: 01:18,95 (00:42,59) 150m: 02:02,60 (00:43,65) 200m: 02:47,56 (00:44,96) 250m: 03:33,53 (00:45,97) 300m: 04:19,75 (00:46,22) 350m: 05:05,31 (00:45,56) 400m: 05:48,90 (00:43,59)				



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57. Internationales
Schwimmfest
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DSW-Cup

Zwischenstand nach Wettkampf 28

Platz	Verein	Punkte
1.	DSW 1912 Darmstadt	234
2.	SG Frankfurt	162
3.	SCW Eschborn	85
4.	Hofheimer SC	75
5.	SC Wiesbaden 1911	65
6.	SV Nikar Heidelberg	54
7.	Mainzer Schwimmverein 01	41
7.	SG EWR Rheinhessen-Mainz	41
9.	Kaiserslauterer SK 1911	36
10.	SC Villingen	29
10.	SV Poseidon Limburg	29
12.	TV Bühl 1847	26
13.	Erster Sodener SC	24
13.	WSV Großkrotzenburg	24
15.	SV Mannheim	22
16.	SK Neptun Leimen	20
17.	TV 1862 Langen	16
18.	SG Wetterau	13
19.	SVS Griesheim	11
20.	SG Offenburg-Hausach	8
21.	Aalener Sportallianz	6
21.	STV Pegnitz	6
23.	SG Heddesheim	5
24.	Kelkheimer SC	4
24.	SG Rhein-Mosel	4
24.	SG Worms	4
24.	SV Gelnhausen 1924	4
28.	DJK-SSG Bensheim	2
28.	TSG Backnang	2
30.	SC Heppenheim	1
30.	TSG Darmstadt	1

Darmstadt, den 14.05.2022

Abschnittende: 19:41 Uhr

Protokollende: 19:41 Uhr

Schiedsrichter

Schiedsrichter

Protokollführer



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