

Wettkampf 28 - 400m Freistil männlich

Weltrekord: 03:40,07 - Paul Biedermann (Germany) am 26.07.2009 in Rome (ITA)

Europarekord: 03:40,07 - Paul Biedermann (Germany) am 26.07.2009 in Rome (ITA)

Deutscher Rekord: 03:40,07 - Paul Biedermann (SV Halle/S.) am 26.07.2009 in Rome (ITA)

Bahnrekord Nordbad: 04:03,00 - Christian Keber (SC Wiesbaden 1911) am 14.05.2022 in Darmstadt

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Jonas Hirsch 50m: 00:31,03 (00:31,03) 100m: 01:04,80 (00:33,77) 150m: 01:39,54 (00:34,74) 200m: 02:15,52 (00:35,98) 250m: 02:51,52 (00:36,00) 300m: 03:28,20 (00:36,68) 350m: 04:05,03 (00:36,83) 400m: 04:41,52 (00:36,49)	2010	SV Mannheim	04:41,52	477
2.	Frederik Raschke 50m: 00:32,08 (00:32,08) 100m: 01:08,87 (00:36,79) 150m: 01:45,68 (00:36,81) 200m: 02:22,95 (00:37,27) 250m: 02:59,66 (00:36,71) 300m: 03:36,86 (00:37,20) 350m: 04:12,97 (00:36,11) 400m: 04:47,92 (00:34,95)	2010	SG Frankfurt	04:47,92	446
3.	Niklas Burk 50m: 00:31,81 (00:31,81) 100m: 01:08,18 (00:36,37) 150m: 01:45,43 (00:37,25) 200m: 02:23,05 (00:37,62) 250m: 03:00,42 (00:37,37) 300m: 03:37,96 (00:37,54) 350m: 04:14,94 (00:36,98) 400m: 04:49,52 (00:34,58)	2010	DSW 1912 Darmstadt	04:49,52	439
4.	Jonas Biskamp 50m: 00:33,52 (00:33,52) 100m: 01:10,26 (00:36,74) 150m: 01:48,11 (00:37,85) 200m: 02:25,36 (00:37,25) 250m: 03:03,22 (00:37,86) 300m: 03:41,37 (00:38,15) 350m: 04:19,12 (00:37,75) 400m: 04:55,18 (00:36,06)	2010	SG Frankfurt	04:55,18	414
5.	Fabian Holz 50m: 00:32,67 (00:32,67) 100m: 01:10,07 (00:37,40) 150m: 01:48,47 (00:38,40) 200m: 02:27,08 (00:38,61) 250m: 03:04,45 (00:37,37) 300m: 03:42,47 (00:38,02) 350m: 04:21,06 (00:38,59) 400m: 04:57,45 (00:36,39)	2010	SG Frankfurt	04:57,45	404
6.	Tim Roger Gutfrucht 50m: 00:31,55 (00:31,55) 100m: 01:08,00 (00:36,45) 150m: 01:45,78 (00:37,78) 200m: 02:24,30 (00:38,52) 250m: 03:03,87 (00:39,57) 300m: 03:43,05 (00:39,18) 350m: 04:22,67 (00:39,62) 400m: 04:59,54 (00:36,87)	2010	SG Heddesheim	04:59,54	396
7.	Yahia Ghoneim 50m: 00:33,80 (00:33,80) 100m: 01:12,05 (00:38,25) 150m: 01:50,97 (00:38,92) 200m: 02:30,44 (00:39,47) 250m: 03:08,90 (00:38,46) 300m: 03:47,27 (00:38,37) 350m: 04:23,97 (00:36,70) 400m: 05:00,13 (00:36,16)	2010	DSW 1912 Darmstadt	05:00,13	394
8.	Tayten Wales 50m: 00:33,15 (00:33,15) 100m: 01:10,52 (00:37,37) 150m: 01:49,20 (00:38,68) 200m: 02:29,24 (00:40,04) 250m: 03:09,90 (00:40,66) 300m: 03:50,99 (00:41,09) 350m: 04:32,40 (00:41,41) 400m: 05:09,92 (00:37,52)	2010	SV Bayreuth	05:09,92	358
9.	Raphael Grether 50m: 00:34,57 (00:34,57) 100m: 01:15,21 (00:40,64) 150m: 01:57,34 (00:42,13) 200m: 02:40,29 (00:42,95) 250m: 03:22,87 (00:42,58) 300m: 04:04,83 (00:41,96) 350m: 04:45,17 (00:40,34) 400m: 05:22,50 (00:37,33)	2010	Kaiserslauterer SK	05:22,50	317
10.	Nikita Afanasyev Malyshev 50m: 00:35,88 (00:35,88) 100m: 01:18,17 (00:42,29) 150m: 02:02,12 (00:43,95) 200m: 02:46,58 (00:44,46) 250m: 03:31,70 (00:45,12) 300m: 04:16,98 (00:45,28) 350m: 05:00,55 (00:43,57) 400m: 05:41,38 (00:40,83)	2010	SC Wiesbaden 1911	05:41,38	267
11.	Elijah Krüger 50m: 00:36,67 (00:36,67) 100m: 01:19,12 (00:42,45) 150m: 02:03,02 (00:43,90) 200m: 02:47,86 (00:44,84) 250m: 03:32,93 (00:45,07) 300m: 04:18,18 (00:45,25) 350m: 05:02,79 (00:44,61) 400m: 05:43,74 (00:40,95)	2010	Ludwigshafener SV	05:43,74	262
12.	Erik Tolksdorf 50m: 00:36,58 (00:36,58) 100m: 01:21,30 (00:44,72) 150m: 02:06,43 (00:45,13) 200m: 02:53,67 (00:47,24) 250m: 03:41,27 (00:47,60) 300m: 04:28,44 (00:47,17) 350m: 05:17,96 (00:49,52) 400m: 06:05,00 (00:47,04)	2010	SC Wiesbaden 1911	06:05,00	219

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Yann Börgeling 50m: 00:30,10 (00:30,10) 100m: 01:03,56 (00:33,46) 150m: 01:38,75 (00:35,19) 200m: 02:13,48 (00:34,73) 250m: 02:48,69 (00:35,21) 300m: 03:23,33 (00:34,64) 350m: 03:58,15 (00:34,82) 400m: 04:29,15 (00:31,00)	2009	SG Heddesheim	04:29,15	546
2.	Noah Vassilev 50m: 00:33,29 (00:33,29) 100m: 01:09,89 (00:36,60) 150m: 01:47,49 (00:37,60) 200m: 02:24,94 (00:37,45) 250m: 03:00,41 (00:35,47) 300m: 03:37,03 (00:36,62) 350m: 04:13,79 (00:36,76) 400m: 04:46,94 (00:33,15)	2009	SV Mannheim	04:46,94	451



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Darmstadt



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noch Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
3.	Florian Wiese 50m: 00:33,77 (00:33,77) 100m: 01:11,27 (00:37,50) 150m: 01:48,39 (00:37,12) 200m: 02:25,87 (00:37,48) 250m: 03:01,64 (00:35,77) 300m: 03:37,53 (00:35,89) 350m: 04:13,82 (00:36,29) 400m: 04:47,91 (00:34,09)	2009	SG Soden Kelkheim	04:47,91	446
4.	Veit Stadter 50m: 00:36,23 (00:36,23) 100m: 01:15,28 (00:39,05) 150m: 01:54,86 (00:39,58) 200m: 02:35,20 (00:40,34) 250m: 03:14,87 (00:39,67) 300m: 03:54,24 (00:39,37) 350m: 04:33,37 (00:39,13) 400m: 05:12,21 (00:38,84)	2009	SV Bayreuth	05:12,21	350
5.	Lukas Meister 50m: 00:33,78 (00:33,78) 100m: 01:12,06 (00:38,28) 150m: 01:52,15 (00:40,09) 200m: 02:33,14 (00:40,99) 250m: 03:13,83 (00:40,69) 300m: 03:54,50 (00:40,67) 350m: 04:35,00 (00:40,50) 400m: 05:13,42 (00:38,42)	2009	SG Heddesheim	05:13,42	346
6.	Daniel Berkovich 50m: 00:32,74 (00:32,74) 100m: 01:10,49 (00:37,75) 150m: 01:51,59 (00:41,10) 200m: 02:33,33 (00:41,74) 250m: 03:14,26 (00:40,93) 300m: 03:57,40 (00:43,14) 350m: 04:38,54 (00:41,14) 400m: 05:17,49 (00:38,95)	2009	VW Mannheim	05:17,49	333
7.	Jonah Nestler 50m: 00:36,10 (00:36,10) 100m: 01:19,19 (00:43,09) 150m: 02:03,21 (00:44,02) 200m: 02:47,90 (00:44,69) 250m: 03:32,83 (00:44,93) 300m: 04:17,78 (00:44,95) 350m: 05:02,96 (00:45,18) 400m: 05:44,28 (00:41,32)	2009	Ludwigshafener SV	05:44,28	261
	<u>nicht am Start</u> Robert Alisch Roman Ullmann	2009 2009	SG Heddesheim VW Mannheim		
	<u>abgemeldet</u> Leopold Maskort	2009	SC Wiesbaden 1911		

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Phil Malsch 50m: 00:29,02 (00:29,02) 100m: 01:00,95 (00:31,93) 150m: 01:33,29 (00:32,34) 200m: 02:06,94 (00:33,65) 250m: 02:40,58 (00:33,64) 300m: 03:14,81 (00:34,23) 350m: 03:49,21 (00:34,40) 400m: 04:21,59 (00:32,38)	2008	SG Frankfurt	04:21,59	595
2.	Jaron Groß 50m: 00:29,87 (00:29,87) 100m: 01:03,50 (00:33,63) 150m: 01:38,30 (00:34,80) 200m: 02:13,57 (00:35,27) 250m: 02:48,92 (00:35,35) 300m: 03:24,48 (00:35,56) 350m: 03:59,53 (00:35,05) 400m: 04:29,82 (00:30,29)	2008	SG Frankfurt	04:29,82	542
3.	Till Freytag 50m: 00:31,55 (00:31,55) 100m: 01:06,31 (00:34,76) 150m: 01:42,28 (00:35,97) 200m: 02:18,81 (00:36,53) 250m: 02:55,43 (00:36,62) 300m: 03:32,10 (00:36,67) 350m: 04:08,36 (00:36,26) 400m: 04:42,81 (00:34,45)	2008	DSW 1912 Darmstadt	04:42,81	471
4.	Markus Wald 50m: 00:31,91 (00:31,91) 100m: 01:09,35 (00:37,44) 150m: 01:47,53 (00:38,18) 200m: 02:25,04 (00:37,51) 250m: 03:02,14 (00:37,10) 300m: 03:38,66 (00:36,52) 350m: 04:15,91 (00:37,25) 400m: 04:50,25 (00:34,34)	2008	Kaiserslauterer SK	04:50,25	435
5.	Emil Friedemann 50m: 00:31,21 (00:31,21) 100m: 01:06,53 (00:35,32) 150m: 01:42,98 (00:36,45) 200m: 02:20,98 (00:38,00) 250m: 02:58,56 (00:37,58) 300m: 03:37,19 (00:38,63) 350m: 04:14,19 (00:37,00) 400m: 04:50,92 (00:36,73)	2008	SG Heddesheim	04:50,92	432
6.	Theodor Heuberger 50m: 00:33,61 (00:33,61) 100m: 01:11,00 (00:37,39) 150m: 01:49,26 (00:38,26) 200m: 02:27,60 (00:38,34) 250m: 03:05,90 (00:38,30) 300m: 03:44,02 (00:38,12) 350m: 04:21,74 (00:37,72) 400m: 04:58,43 (00:36,69)	2008	DSW 1912 Darmstadt	04:58,43	401
7.	Arne Bausewein 50m: 00:34,80 (00:34,80) 100m: 01:12,44 (00:37,64) 150m: 01:50,54 (00:38,10) 200m: 02:28,23 (00:37,69) 250m: 03:07,07 (00:38,84) 300m: 03:45,22 (00:38,15) 350m: 04:23,87 (00:38,65) 400m: 05:00,54 (00:36,67)	2008	DSW 1912 Darmstadt	05:00,54	392
8.	Julius Wintermantel 50m: 00:32,76 (00:32,76) 100m: 01:10,90 (00:38,14) 150m: 01:49,83 (00:38,93) 200m: 02:29,20 (00:39,37) 250m: 03:07,47 (00:38,27) 300m: 03:46,69 (00:39,22) 350m: 04:24,27 (00:37,58) 400m: 05:01,05 (00:36,78)	2008	SKG Sprendlingen	05:01,05	390



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noch Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
9.	Marco Stöcklin	2008	SV Mannheim	05:13,74	345
50m: 00:34,11 (00:34,11) 100m: 01:12,43 (00:38,32) 150m: 01:52,48 (00:40,05) 200m: 02:33,76 (00:41,28) 250m: 03:15,01 (00:41,25) 300m: 03:56,64 (00:41,63) 350m: 04:36,80 (00:40,16) 400m: 05:13,74 (00:36,94)					

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Johannes Klein	2007	SG Poseidon Eppelheim	04:34,32	516
50m: 00:29,41 (00:29,41) 100m: 01:02,98 (00:33,57) 150m: 01:37,46 (00:34,48) 200m: 02:12,75 (00:35,29) 250m: 02:48,00 (00:35,25) 300m: 03:24,00 (00:36,00) 350m: 03:59,51 (00:35,51) 400m: 04:34,32 (00:34,81)					
2.	David Heymann	2007	SCW Eschborn	04:45,15	459
50m: 00:31,14 (00:31,14) 100m: 01:05,97 (00:34,83) 150m: 01:42,17 (00:36,20) 200m: 02:18,77 (00:36,60) 250m: 02:55,56 (00:36,79) 300m: 03:32,91 (00:37,35) 350m: 04:09,70 (00:36,79) 400m: 04:45,15 (00:35,45)					
3.	Lukas Hube	2007	SV Hellas Brühl	04:56,03	410
50m: 00:32,91 (00:32,91) 100m: 01:09,02 (00:36,11) 150m: 01:46,89 (00:37,87) 200m: 02:24,30 (00:37,41) 250m: 03:02,49 (00:38,19) 300m: 03:40,75 (00:38,26) 350m: 04:19,15 (00:38,40) 400m: 04:56,03 (00:36,88)					
4.	Bastian Kulke	2007	Ludwigshafener SV	05:18,34	330
50m: 00:32,37 (00:32,37) 100m: 01:11,14 (00:38,77) 150m: 01:51,86 (00:40,72) 200m: 02:33,49 (00:41,63) 250m: 03:15,08 (00:41,59) 300m: 03:56,62 (00:41,54) 350m: 04:38,35 (00:41,73) 400m: 05:18,34 (00:39,99)					

Jahrgang 2006

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Jakob Werner	2006	DSW 1912 Darmstadt	04:07,52	702
50m: 00:28,72 (00:28,72) 100m: 00:58,84 (00:30,12) 150m: 01:29,44 (00:30,60) 200m: 02:00,27 (00:30,83) 250m: 02:31,46 (00:31,19) 300m: 03:03,17 (00:31,71) 350m: 03:35,56 (00:32,39) 400m: 04:07,52 (00:31,96)					
2.	Leopold Heuberger	2006	DSW 1912 Darmstadt	04:22,86	586
50m: 00:30,64 (00:30,64) 100m: 01:03,60 (00:32,96) 150m: 01:36,94 (00:33,34) 200m: 02:10,70 (00:33,76) 250m: 02:43,96 (00:33,26) 300m: 03:17,61 (00:33,65) 350m: 03:50,82 (00:33,21) 400m: 04:22,86 (00:32,04)					
3.	Lutz Freytag	2006	DSW 1912 Darmstadt	04:32,79	525
50m: 00:31,48 (00:31,48) 100m: 01:05,52 (00:34,04) 150m: 01:40,40 (00:34,88) 200m: 02:14,63 (00:34,23) 250m: 02:49,05 (00:34,42) 300m: 03:24,04 (00:34,99) 350m: 03:58,64 (00:34,60) 400m: 04:32,79 (00:34,15)					
4.	Lorenz Alisch	2006	SG Heddesheim	04:33,52	520
50m: 00:29,46 (00:29,46) 100m: 01:03,68 (00:34,22) 150m: 01:38,19 (00:34,51) 200m: 02:13,54 (00:35,35) 250m: 02:48,60 (00:35,06) 300m: 03:24,13 (00:35,53) 350m: 03:59,53 (00:35,40) 400m: 04:33,52 (00:33,99)					

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Jakob Werner	2006	DSW 1912 Darmstadt	04:07,52	702
50m: 00:28,72 (00:28,72) 100m: 00:58,84 (00:30,12) 150m: 01:29,44 (00:30,60) 200m: 02:00,27 (00:30,83) 250m: 02:31,46 (00:31,19) 300m: 03:03,17 (00:31,71) 350m: 03:35,56 (00:32,39) 400m: 04:07,52 (00:31,96)					
2.	Phil Malsch	2008	SG Frankfurt	04:21,59	595
50m: 00:29,02 (00:29,02) 100m: 01:00,95 (00:31,93) 150m: 01:33,29 (00:32,34) 200m: 02:06,94 (00:33,65) 250m: 02:40,58 (00:33,64) 300m: 03:14,81 (00:34,23) 350m: 03:49,21 (00:34,40) 400m: 04:21,59 (00:32,38)					
3.	Leopold Heuberger	2006	DSW 1912 Darmstadt	04:22,86	586
50m: 00:30,64 (00:30,64) 100m: 01:03,60 (00:32,96) 150m: 01:36,94 (00:33,34) 200m: 02:10,70 (00:33,76) 250m: 02:43,96 (00:33,26) 300m: 03:17,61 (00:33,65) 350m: 03:50,82 (00:33,21) 400m: 04:22,86 (00:32,04)					
4.	Timon Spieth	2004	SV Mannheim	04:26,96	560
50m: 00:30,59 (00:30,59) 100m: 01:03,55 (00:32,96) 150m: 01:36,94 (00:33,39) 200m: 02:11,29 (00:34,35) 250m: 02:44,94 (00:33,65) 300m: 03:19,37 (00:34,43) 350m: 03:53,22 (00:33,85) 400m: 04:26,96 (00:33,74)					



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noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
5.	Yann Börgeling 50m: 00:30,10 (00:30,10) 100m: 01:03,56 (00:33,46) 150m: 01:38,75 (00:35,19) 200m: 02:13,48 (00:34,73) 250m: 02:48,69 (00:35,21) 300m: 03:23,33 (00:34,64) 350m: 03:58,15 (00:34,82) 400m: 04:29,15 (00:31,00)	2009	SG Heddesheim	04:29,15	546
6.	Jaron Groß 50m: 00:29,87 (00:29,87) 100m: 01:03,50 (00:33,63) 150m: 01:38,30 (00:34,80) 200m: 02:13,57 (00:35,27) 250m: 02:48,92 (00:35,35) 300m: 03:24,48 (00:35,56) 350m: 03:59,53 (00:35,05) 400m: 04:29,82 (00:30,29)	2008	SG Frankfurt	04:29,82	542
7.	Lutz Freytag 50m: 00:31,48 (00:31,48) 100m: 01:05,52 (00:34,04) 150m: 01:40,40 (00:34,88) 200m: 02:14,63 (00:34,23) 250m: 02:49,05 (00:34,42) 300m: 03:24,04 (00:34,99) 350m: 03:58,64 (00:34,60) 400m: 04:32,79 (00:34,15)	2006	DSW 1912 Darmstadt	04:32,79	525
8.	Lorenz Alisch 50m: 00:29,46 (00:29,46) 100m: 01:03,68 (00:34,22) 150m: 01:38,19 (00:34,51) 200m: 02:13,54 (00:35,35) 250m: 02:48,60 (00:35,06) 300m: 03:24,13 (00:35,53) 350m: 03:59,53 (00:35,40) 400m: 04:33,52 (00:33,99)	2006	SG Heddesheim	04:33,52	520
9.	Johannes Klein 50m: 00:29,41 (00:29,41) 100m: 01:02,98 (00:33,57) 150m: 01:37,46 (00:34,48) 200m: 02:12,75 (00:35,29) 250m: 02:48,00 (00:35,25) 300m: 03:24,00 (00:36,00) 350m: 03:59,51 (00:35,51) 400m: 04:34,32 (00:34,81)	2007	SG Poseidon Eppelheim	04:34,32	516
10.	Jonas Hirsch 50m: 00:31,03 (00:31,03) 100m: 01:04,80 (00:33,77) 150m: 01:39,54 (00:34,74) 200m: 02:15,52 (00:35,98) 250m: 02:51,52 (00:36,00) 300m: 03:28,20 (00:36,68) 350m: 04:05,03 (00:36,83) 400m: 04:41,52 (00:36,49)	2010	SV Mannheim	04:41,52	477
11.	Till Freytag 50m: 00:31,55 (00:31,55) 100m: 01:06,31 (00:34,76) 150m: 01:42,28 (00:35,97) 200m: 02:18,81 (00:36,53) 250m: 02:55,43 (00:36,62) 300m: 03:32,10 (00:36,67) 350m: 04:08,36 (00:36,26) 400m: 04:42,81 (00:34,45)	2008	DSW 1912 Darmstadt	04:42,81	471
12.	David Heymann 50m: 00:31,14 (00:31,14) 100m: 01:05,97 (00:34,83) 150m: 01:42,17 (00:36,20) 200m: 02:18,77 (00:36,60) 250m: 02:55,56 (00:36,79) 300m: 03:32,91 (00:37,35) 350m: 04:09,70 (00:36,79) 400m: 04:45,15 (00:35,45)	2007	SCW Eschborn	04:45,15	459
13.	Noah Vassilev 50m: 00:33,29 (00:33,29) 100m: 01:09,89 (00:36,60) 150m: 01:47,49 (00:37,60) 200m: 02:24,94 (00:37,45) 250m: 03:00,41 (00:35,47) 300m: 03:37,03 (00:36,62) 350m: 04:13,79 (00:36,76) 400m: 04:46,94 (00:33,15)	2009	SV Mannheim	04:46,94	451
14.	Florian Wiese 50m: 00:33,77 (00:33,77) 100m: 01:11,27 (00:37,50) 150m: 01:48,39 (00:37,12) 200m: 02:25,87 (00:37,48) 250m: 03:01,64 (00:35,77) 300m: 03:37,53 (00:35,89) 350m: 04:13,82 (00:36,29) 400m: 04:47,91 (00:34,09)	2009	SG Soden Kelkheim	04:47,91	446
15.	Frederik Raschke 50m: 00:32,08 (00:32,08) 100m: 01:08,87 (00:36,79) 150m: 01:45,68 (00:36,81) 200m: 02:22,95 (00:37,27) 250m: 02:59,66 (00:36,71) 300m: 03:36,86 (00:37,20) 350m: 04:12,97 (00:36,11) 400m: 04:47,92 (00:34,95)	2010	SG Frankfurt	04:47,92	446
16.	Niklas Burk 50m: 00:31,81 (00:31,81) 100m: 01:08,18 (00:36,37) 150m: 01:45,43 (00:37,25) 200m: 02:23,05 (00:37,62) 250m: 03:00,42 (00:37,37) 300m: 03:37,96 (00:37,54) 350m: 04:14,94 (00:36,98) 400m: 04:49,52 (00:34,58)	2010	DSW 1912 Darmstadt	04:49,52	439
17.	Markus Wald 50m: 00:31,91 (00:31,91) 100m: 01:09,35 (00:37,44) 150m: 01:47,53 (00:38,18) 200m: 02:25,04 (00:37,51) 250m: 03:02,14 (00:37,10) 300m: 03:38,66 (00:36,52) 350m: 04:15,91 (00:37,25) 400m: 04:50,25 (00:34,34)	2008	Kaiserslauterer SK	04:50,25	435
18.	Emil Friedemann 50m: 00:31,21 (00:31,21) 100m: 01:06,53 (00:35,32) 150m: 01:42,98 (00:36,45) 200m: 02:20,98 (00:38,00) 250m: 02:58,56 (00:37,58) 300m: 03:37,19 (00:38,63) 350m: 04:14,19 (00:37,00) 400m: 04:50,92 (00:36,73)	2008	SG Heddesheim	04:50,92	432
19.	Jonas Biskamp 50m: 00:33,52 (00:33,52) 100m: 01:10,26 (00:36,74) 150m: 01:48,11 (00:37,85) 200m: 02:25,36 (00:37,25) 250m: 03:03,22 (00:37,86) 300m: 03:41,37 (00:38,15) 350m: 04:19,12 (00:37,75) 400m: 04:55,18 (00:36,06)	2010	SG Frankfurt	04:55,18	414
20.	Lukas Hube 50m: 00:32,91 (00:32,91) 100m: 01:09,02 (00:36,11) 150m: 01:46,89 (00:37,87) 200m: 02:24,30 (00:37,41) 250m: 03:02,49 (00:38,19) 300m: 03:40,75 (00:38,26) 350m: 04:19,15 (00:38,40) 400m: 04:56,03 (00:36,88)	2007	SV Hellas Brühl	04:56,03	410
21.	Fabian Holz 50m: 00:32,67 (00:32,67) 100m: 01:10,07 (00:37,40) 150m: 01:48,47 (00:38,40) 200m: 02:27,08 (00:38,61) 250m: 03:04,45 (00:37,37) 300m: 03:42,47 (00:38,02) 350m: 04:21,06 (00:38,59) 400m: 04:57,45 (00:36,39)	2010	SG Frankfurt	04:57,45	404



noch Wettkampf 28 - 400m Freistil männlich

noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
22.	Theodor Heuberger 50m: 00:33,61 (00:33,61) 100m: 01:11,00 (00:37,39) 150m: 01:49,26 (00:38,26) 200m: 02:27,60 (00:38,34) 250m: 03:05,90 (00:38,30) 300m: 03:44,02 (00:38,12) 350m: 04:21,74 (00:37,72) 400m: 04:58,43 (00:36,69)	2008	DSW 1912 Darmstadt	04:58,43	401
23.	Tim Roger Gutfrucht 50m: 00:31,55 (00:31,55) 100m: 01:08,00 (00:36,45) 150m: 01:45,78 (00:37,78) 200m: 02:24,30 (00:38,52) 250m: 03:03,87 (00:39,57) 300m: 03:43,05 (00:39,18) 350m: 04:22,67 (00:39,62) 400m: 04:59,54 (00:36,87)	2010	SG Heddesheim	04:59,54	396
24.	Yahia Ghoneim 50m: 00:33,80 (00:33,80) 100m: 01:12,05 (00:38,25) 150m: 01:50,97 (00:38,92) 200m: 02:30,44 (00:39,47) 250m: 03:08,90 (00:38,46) 300m: 03:47,27 (00:38,37) 350m: 04:23,97 (00:36,70) 400m: 05:00,13 (00:36,16)	2010	DSW 1912 Darmstadt	05:00,13	394
25.	Arne Bausewein 50m: 00:34,80 (00:34,80) 100m: 01:12,44 (00:37,64) 150m: 01:50,54 (00:38,10) 200m: 02:28,23 (00:37,69) 250m: 03:07,07 (00:38,84) 300m: 03:45,22 (00:38,15) 350m: 04:23,87 (00:38,65) 400m: 05:00,54 (00:36,67)	2008	DSW 1912 Darmstadt	05:00,54	392
26.	Julius Wintermantel 50m: 00:32,76 (00:32,76) 100m: 01:10,90 (00:38,14) 150m: 01:49,83 (00:38,93) 200m: 02:29,20 (00:39,37) 250m: 03:07,47 (00:38,27) 300m: 03:46,69 (00:39,22) 350m: 04:24,27 (00:37,58) 400m: 05:01,05 (00:36,78)	2008	SKG Sprendlingen	05:01,05	390
27.	Tayten Wales 50m: 00:33,15 (00:33,15) 100m: 01:10,52 (00:37,37) 150m: 01:49,20 (00:38,68) 200m: 02:29,24 (00:40,04) 250m: 03:09,90 (00:40,66) 300m: 03:50,99 (00:41,09) 350m: 04:32,40 (00:41,41) 400m: 05:09,92 (00:37,52)	2010	SV Bayreuth	05:09,92	358
28.	Veit Stadter 50m: 00:36,23 (00:36,23) 100m: 01:15,28 (00:39,05) 150m: 01:54,86 (00:39,58) 200m: 02:35,20 (00:40,34) 250m: 03:14,87 (00:39,67) 300m: 03:54,24 (00:39,37) 350m: 04:33,37 (00:39,13) 400m: 05:12,21 (00:38,84)	2009	SV Bayreuth	05:12,21	350
29.	Lukas Meister 50m: 00:33,78 (00:33,78) 100m: 01:12,06 (00:38,28) 150m: 01:52,15 (00:40,09) 200m: 02:33,14 (00:40,99) 250m: 03:13,83 (00:40,69) 300m: 03:54,50 (00:40,67) 350m: 04:35,00 (00:40,50) 400m: 05:13,42 (00:38,42)	2009	SG Heddesheim	05:13,42	346
30.	Marco Stöcklin 50m: 00:34,11 (00:34,11) 100m: 01:12,43 (00:38,32) 150m: 01:52,48 (00:40,05) 200m: 02:33,76 (00:41,28) 250m: 03:15,01 (00:41,25) 300m: 03:56,64 (00:41,63) 350m: 04:36,80 (00:40,16) 400m: 05:13,74 (00:36,94)	2008	SV Mannheim	05:13,74	345
31.	Daniel Berkovich 50m: 00:32,74 (00:32,74) 100m: 01:10,49 (00:37,75) 150m: 01:51,59 (00:41,10) 200m: 02:33,33 (00:41,74) 250m: 03:14,26 (00:40,93) 300m: 03:57,40 (00:43,14) 350m: 04:38,54 (00:41,14) 400m: 05:17,49 (00:38,95)	2009	VW Mannheim	05:17,49	333
32.	Bastian Kulke 50m: 00:32,37 (00:32,37) 100m: 01:11,14 (00:38,77) 150m: 01:51,86 (00:40,72) 200m: 02:33,49 (00:41,63) 250m: 03:15,08 (00:41,59) 300m: 03:56,62 (00:41,54) 350m: 04:38,35 (00:41,73) 400m: 05:18,34 (00:39,99)	2007	Ludwigshafener SV	05:18,34	330
33.	Raphael Grether 50m: 00:34,57 (00:34,57) 100m: 01:15,21 (00:40,64) 150m: 01:57,34 (00:42,13) 200m: 02:40,29 (00:42,95) 250m: 03:22,87 (00:42,58) 300m: 04:04,83 (00:41,96) 350m: 04:45,17 (00:40,34) 400m: 05:22,50 (00:37,33)	2010	Kaiserslauterer SK	05:22,50	317
34.	Nikita Afanasyev Malyshev 50m: 00:35,88 (00:35,88) 100m: 01:18,17 (00:42,29) 150m: 02:02,12 (00:43,95) 200m: 02:46,58 (00:44,46) 250m: 03:31,70 (00:45,12) 300m: 04:16,98 (00:45,28) 350m: 05:00,55 (00:43,57) 400m: 05:41,38 (00:40,83)	2010	SC Wiesbaden 1911	05:41,38	267
35.	Elijah Krüger 50m: 00:36,67 (00:36,67) 100m: 01:19,12 (00:42,45) 150m: 02:03,02 (00:43,90) 200m: 02:47,86 (00:44,84) 250m: 03:32,93 (00:45,07) 300m: 04:18,18 (00:45,25) 350m: 05:02,79 (00:44,61) 400m: 05:43,74 (00:40,95)	2010	Ludwigshafener SV	05:43,74	262
36.	Jonah Nestler 50m: 00:36,10 (00:36,10) 100m: 01:19,19 (00:43,09) 150m: 02:03,21 (00:44,02) 200m: 02:47,90 (00:44,69) 250m: 03:32,83 (00:44,93) 300m: 04:17,78 (00:44,95) 350m: 05:02,96 (00:45,18) 400m: 05:44,28 (00:41,32)	2009	Ludwigshafener SV	05:44,28	261
37.	Erik Tolsdorf 50m: 00:36,58 (00:36,58) 100m: 01:21,30 (00:44,72) 150m: 02:06,43 (00:45,13) 200m: 02:53,67 (00:47,24) 250m: 03:41,27 (00:47,60) 300m: 04:28,44 (00:47,17) 350m: 05:17,96 (00:49,52) 400m: 06:05,00 (00:47,04)	2010	SC Wiesbaden 1911	06:05,00	219



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Darmstadt, den 24.02.2024

Abschnittende: 18:29 Uhr

Protokollende: 18:31 Uhr

gez. Sandra Fischer
Schiedsrichter

gez. René Zimmerling
Schiedsrichter

gez. Florian Lippke
Protokollführer



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