

**Wettkampf 13 - 400m Freistil weiblich**

Weltrekord: 03:56,46 - Kathleen Ledecky (United States) am 07.08.2016 in Rio de Janeiro (BRA)

Europarekord: 03:59,15 - Pellegrini, Federica Pellegrini (Italy) am 26.07.2009 in Rome (ITA)

Deutscher Rekord: 04:03,96 - Sarah Köhler (SG Frankfurt) am 26.08.2017 in Taipei (TPE)

**Jahrgang 2010**

| Platz | Schwimmerin  | Jg.  | Verein             | Endzeit  |     |
|-------|--|------|--------------------|----------|-----|
| 1.    | Marie Topuzovic  | 2010 | Hofheimer SC       | 05:57,39 | 289 |
|       | 50m: 00:39,26 (00:39,26)   100m: 01:24,85 (00:45,59)   150m: 02:11,31 (00:46,46)   200m: 02:57,95 (00:46,64)   250m: 03:44,59 (00:46,64)   300m: 04:30,72 (00:46,13)   350m: 05:15,53 (00:44,81)   400m: 05:57,39 (00:41,86) |      |                    |          |     |
| 2.    | Siri Knecht  | 2010 | Hofheimer SC       | 06:16,35 | 248 |
|       | 50m: 00:40,57 (00:40,57)   100m: 01:28,36 (00:47,79)   150m: 02:18,44 (00:50,08)   200m: 03:07,24 (00:48,80)   250m: 03:56,99 (00:49,75)   300m: 04:45,43 (00:48,44)   350m: 05:33,79 (00:48,36)   400m: 06:16,35 (00:42,56) |      |                    |          |     |
| 3.    | Lisa Schader   | 2010 | DSW 1912 Darmstadt | 06:24,76 | 232 |
|       | 50m: 00:41,72 (00:41,72)   100m: 01:29,77 (00:48,05)   150m: 02:18,95 (00:49,18)   200m: 03:08,95 (00:50,00)   250m: 03:59,74 (00:50,79)   300m: 04:50,30 (00:50,56)   350m: 05:39,60 (00:49,30)   400m: 06:24,76 (00:45,16) |      |                    |          |     |
| 4.    | Ruth Lea Wuttke  | 2010 | Hofheimer SC       | 06:30,52 | 221 |
|       | 50m: 00:41,29 (00:41,29)   100m: 01:34,89 (00:53,60)   150m: 02:12,03 (00:37,14)   200m: 03:16,03 (01:04,00)   250m: 04:05,66 (00:49,63)   300m: 04:57,03 (00:51,37)   350m: 05:45,87 (00:48,84)   400m: 06:30,52 (00:44,65) |      |                    |          |     |
| 5.    | Merle Carlotta Knapp   | 2010 | DSW 1912 Darmstadt | 06:32,72 | 218 |
|       | 50m: 00:44,98 (00:44,98)   100m: 01:33,76 (00:48,78)   150m: 02:24,96 (00:51,20)   200m: 03:15,32 (00:50,36)   250m: 04:07,68 (00:52,36)   300m: 04:57,53 (00:49,85)   350m: 05:47,72 (00:50,19)   400m: 06:32,72 (00:45,00) |      |                    |          |     |
| 6.    | Nina Rögner  | 2010 | DSW 1912 Darmstadt | 06:37,79 | 210 |
|       | 50m: 00:43,90 (00:43,90)   100m: 01:35,07 (00:51,17)   150m: 02:25,42 (00:50,35)   200m: 03:18,15 (00:52,73)   250m: 04:10,36 (00:52,21)   300m: 05:01,90 (00:51,54)   350m: 05:52,62 (00:50,72)   400m: 06:37,79 (00:45,17) |      |                    |          |     |
| 7.    | Helen Büscher  | 2010 | Hofheimer SC       | 06:50,54 | 191 |
|       | 50m: 00:46,33 (00:46,33)   100m: 01:39,28 (00:52,95)   150m: 02:32,36 (00:53,08)   200m: 03:25,35 (00:52,99)   250m: 04:17,91 (00:52,56)   300m: 05:11,05 (00:53,14)   350m: 06:02,86 (00:51,81)   400m: 06:50,54 (00:47,68) |      |                    |          |     |
| 8.    | Klara Balzer   | 2010 | DSW 1912 Darmstadt | 07:05,68 | 171 |
|       | 50m: 00:46,89 (00:46,89)   100m: 01:41,53 (00:54,64)   150m: 02:33,55 (00:52,02)   200m: 03:28,56 (00:55,01)   250m: 04:23,48 (00:54,92)   300m: 05:19,01 (00:55,53)   350m: 06:14,81 (00:55,80)   400m: 07:05,68 (00:50,87) |      |                    |          |     |

**Jahrgang 2009**

| Platz | Schwimmerin  | Jg.  | Verein              | Endzeit  |     |
|-------|--|------|---------------------|----------|-----|
| 1.    | Zoé Kalenka  | 2009 | TG Heddesheim       | 05:16,93 | 415 |
|       | 50m: 00:36,09 (00:36,09)   100m: 01:16,22 (00:40,13)   150m: 01:56,63 (00:40,41)   200m: 02:37,63 (00:41,00)   250m: 03:18,08 (00:40,45)   300m: 03:58,63 (00:40,55)   350m: 04:38,18 (00:39,55)   400m: 05:16,93 (00:38,75) |      |                     |          |     |
| 2.    | Milena Auer  | 2009 | DSW 1912 Darmstadt  | 05:42,46 | 329 |
|       | 50m: 00:39,21 (00:39,21)   100m: 01:23,15 (00:43,94)   150m: 02:06,81 (00:43,66)   200m: 02:50,94 (00:44,13)   250m: 03:34,73 (00:43,79)   300m: 04:20,13 (00:45,40)   350m: 05:03,79 (00:43,66)   400m: 05:42,46 (00:38,67) |      |                     |          |     |
| 3.    | Enya Behr  | 2009 | DSW 1912 Darmstadt  | 05:45,44 | 320 |
|       | 50m: 00:38,11 (00:38,11)   100m: 01:21,22 (00:43,11)   150m: 02:06,42 (00:45,20)   200m: 02:51,22 (00:44,80)   250m: 03:37,06 (00:45,84)   300m: 04:23,07 (00:46,01)   350m: 05:05,99 (00:42,92)   400m: 05:45,44 (00:39,45) |      |                     |          |     |
| 4.    | Frida Bardi  | 2009 | SV Poseidon Limburg | 05:52,51 | 301 |
|       | 50m: 00:39,32 (00:39,32)   100m: 01:23,53 (00:44,21)   150m: 02:08,37 (00:44,84)   200m: 02:52,73 (00:44,36)   250m: 03:38,06 (00:45,33)   300m: 04:23,46 (00:45,40)   350m: 05:09,44 (00:45,98)   400m: 05:52,51 (00:43,07) |      |                     |          |     |
| 5.    | Nele Michalk   | 2009 | DSW 1912 Darmstadt  | 05:53,79 | 298 |
|       | 50m: 00:38,71 (00:38,71)   100m: 01:22,66 (00:43,95)   150m: 02:07,62 (00:44,96)   200m: 02:53,32 (00:45,70)   250m: 03:39,09 (00:45,77)   300m: 04:25,77 (00:46,68)   350m: 05:10,90 (00:45,13)   400m: 05:53,79 (00:42,89) |      |                     |          |     |
| 6.    | Giovanna Vieten  | 2009 | DSW 1912 Darmstadt  | 05:58,75 | 286 |
|       | 50m: 00:40,54 (00:40,54)   100m: 01:25,38 (00:44,84)   150m: 02:11,92 (00:46,54)   200m: 02:58,71 (00:46,79)   250m: 03:45,74 (00:47,03)   300m: 04:31,08 (00:45,34)   350m: 05:17,60 (00:46,52)   400m: 05:58,75 (00:41,15) |      |                     |          |     |



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**SMIT**  
**SPORT**  
SWIM BIKE RUN



**GEMEINSAM**  
GEGEN DOPING

## noch Wettkampf 13 - 400m Freistil weiblich

### noch Jahrgang 2009

| Platz | Schwimmerin   | Jg.  | Verein             | Endzeit  |     |
|-------|---|------|--------------------|----------|-----|
| 7.    | Katharina Werner  | 2009 | DSW 1912 Darmstadt | 06:03,86 | 274 |
|       | 50m: 00:40,59 (00:40,59)   100m: 01:26,28 (00:45,69)   150m: 02:13,22 (00:46,94)   200m: 03:00,61 (00:47,39)<br>250m: 03:46,83 (00:46,22)   300m: 04:33,91 (00:47,08)   350m: 05:19,23 (00:45,32)   400m: 06:03,86 (00:44,63) |      |                    |          |     |
| 8.    | Anastasia Plassmann   | 2009 | DSW 1912 Darmstadt | 06:16,52 | 247 |
|       | 50m: 00:40,56 (00:40,56)   100m: 01:28,08 (00:47,52)   150m: 02:17,59 (00:49,51)   200m: 03:06,16 (00:48,57)<br>250m: 03:55,32 (00:49,16)   300m: 04:42,88 (00:47,56)   350m: 05:31,44 (00:48,56)   400m: 06:16,52 (00:45,08) |      |                    |          |     |
| 9.    | Anna Grimm  | 2009 | DSW 1912 Darmstadt | 06:21,43 | 238 |
|       | 50m: 00:41,30 (00:41,30)   100m: 01:29,68 (00:48,38)   150m: 02:17,41 (00:47,73)   200m: 03:07,42 (00:50,01)<br>250m: 03:57,35 (00:49,93)   300m: 04:47,68 (00:50,33)   350m: 05:37,09 (00:49,41)   400m: 06:21,43 (00:44,34) |      |                    |          |     |
| 10.   | Lisa Deyerling  | 2009 | TG Heddesheim      | 06:37,89 | 209 |
|       | 50m: 00:41,49 (00:41,49)   100m: 01:30,27 (00:48,78)   150m: 02:19,22 (00:48,95)   200m: 03:09,99 (00:50,77)<br>250m: 04:04,75 (00:54,76)   300m: 04:56,95 (00:52,20)   350m: 05:49,36 (00:52,41)   400m: 06:37,89 (00:48,53) |      |                    |          |     |
|       | <u>nicht am Start</u>   |      |                    |          |     |
|       | Fabienne Kröl   | 2009 | Hofheimer SC       |          |     |

### Jahrgang 2008

| Platz | Schwimmerin   | Jg.  | Verein             | Endzeit  |     |
|-------|---|------|--------------------|----------|-----|
| 1.    | Carlotta Schmidt  | 2008 | TG Heddesheim      | 05:45,56 | 320 |
|       | 50m: 00:37,67 (00:37,67)   100m: 01:19,61 (00:41,94)   150m: 02:02,88 (00:43,27)   200m: 02:47,67 (00:44,79)<br>250m: 03:32,71 (00:45,04)   300m: 04:17,43 (00:44,72)   350m: 05:02,06 (00:44,63)   400m: 05:45,56 (00:43,50) |      |                    |          |     |
| 2.    | Mara Kutzer   | 2008 | DSW 1912 Darmstadt | 05:56,59 | 291 |
|       | 50m: 00:38,52 (00:38,52)   100m: 01:23,83 (00:45,31)   150m: 02:08,68 (00:44,85)   200m: 02:54,69 (00:46,01)<br>250m: 03:42,87 (00:48,18)   300m: 04:29,97 (00:47,10)   350m: 05:16,33 (00:46,36)   400m: 05:56,59 (00:40,26) |      |                    |          |     |
| 3.    | Klara Keil  | 2008 | DSW 1912 Darmstadt | 06:00,12 | 283 |
|       | 50m: 00:38,03 (00:38,03)   100m: 01:23,49 (00:45,46)   150m: 02:09,88 (00:46,39)   200m: 02:56,97 (00:47,09)<br>250m: 03:44,54 (00:47,57)   300m: 04:31,89 (00:47,35)   350m: 05:18,17 (00:46,28)   400m: 06:00,12 (00:41,95) |      |                    |          |     |
| 4.    | Olivia Huber  | 2008 | Frankenthaler SV   | 06:02,27 | 278 |
|       | 50m: 00:40,62 (00:40,62)   100m: 01:27,72 (00:47,10)   150m: 02:14,79 (00:47,07)   200m: 03:01,87 (00:47,08)<br>250m: 03:48,45 (00:46,58)   300m: 04:35,27 (00:46,82)   350m: 05:19,61 (00:44,34)   400m: 06:02,27 (00:42,66) |      |                    |          |     |
| 5.    | Noëmi Eszter Preuschhoff  | 2008 | DSW 1912 Darmstadt | 06:03,03 | 276 |
|       | 50m: 00:39,49 (00:39,49)   100m: 01:25,71 (00:46,22)   150m: 02:12,41 (00:46,70)   200m: 03:00,07 (00:47,66)<br>250m: 03:46,64 (00:46,57)   300m: 04:33,77 (00:47,13)   350m: 05:18,97 (00:45,20)   400m: 06:03,03 (00:44,06) |      |                    |          |     |
| 6.    | Sofia Jin Vascotto  | 2008 | DSW 1912 Darmstadt | 06:07,98 | 265 |
|       | 50m: 00:38,13 (00:38,13)   100m: 01:23,33 (00:45,20)   150m: 02:09,84 (00:46,51)   200m: 02:57,62 (00:47,78)<br>250m: 03:45,79 (00:48,17)   300m: 04:34,31 (00:48,52)   350m: 05:22,93 (00:48,62)   400m: 06:07,98 (00:45,05) |      |                    |          |     |
| 7.    | Merle-Marie Pieper  | 2008 | DJK-SSG Bensheim   | 06:38,54 | 208 |
|       | 50m: 00:43,77 (00:43,77)   100m: 01:34,10 (00:50,33)   150m: 02:24,63 (00:50,53)   200m: 03:16,02 (00:51,39)<br>250m: 04:08,65 (00:52,63)   300m: 04:59,36 (00:50,71)   350m: 05:51,20 (00:51,84)   400m: 06:38,54 (00:47,34) |      |                    |          |     |
|       | <u>nicht am Start</u>   |      |                    |          |     |
|       | Fabienne Meyer  | 2008 | TG Heddesheim      |          |     |
|       | <u>abgemeldet</u>   |      |                    |          |     |
|       | Alina Jesse   | 2008 | DSW 1912 Darmstadt |          |     |
|       | Maya Meese  | 2008 | TSG Darmstadt      |          |     |
|       | Narjiss Labkakla  | 2008 | DSW 1912 Darmstadt |          |     |

**noch Wettkampf 13 - 400m Freistil weiblich****Jahrgang 2007**

| Platz | Schwimmerin   | Jg.  | Verein              | Endzeit  |     |
|-------|---|------|---------------------|----------|-----|
| 1.    | Lea Maria Makovec   | 2007 | DSW 1912 Darmstadt  | 05:04,76 | 467 |
|       | 50m: 00:33,92 (00:33,92)   100m: 01:12,36 (00:38,44)   150m: 01:51,89 (00:39,53)   200m: 02:31,48 (00:39,59)<br>250m: 03:11,07 (00:39,59)   300m: 03:50,32 (00:39,25)   350m: 04:28,34 (00:38,02)   400m: 05:04,76 (00:36,42) |      |                     |          |     |
| 2.    | Mira Lentge   | 2007 | Hofheimer SC        | 05:07,18 | 456 |
|       | 50m: 00:35,33 (00:35,33)   100m: 01:13,74 (00:38,41)   150m: 01:53,46 (00:39,72)   200m: 02:33,18 (00:39,72)<br>250m: 03:12,45 (00:39,27)   300m: 03:51,40 (00:38,95)   350m: 04:29,67 (00:38,27)   400m: 05:07,18 (00:37,51) |      |                     |          |     |
| 3.    | Maja-Melina Volz  | 2007 | DSW 1912 Darmstadt  | 05:11,47 | 437 |
|       | 50m: 00:34,54 (00:34,54)   100m: 01:13,35 (00:38,81)   150m: 01:53,21 (00:39,86)   200m: 02:32,79 (00:39,58)<br>250m: 03:34,69 (01:01,90)   300m: 03:52,84 (00:18,15)   350m: 04:32,80 (00:39,96)   400m: 05:11,47 (00:38,67) |      |                     |          |     |
| 4.    | Amelie Sophia Scheibel  | 2007 | DSW 1912 Darmstadt  | 05:36,02 | 348 |
|       | 50m: 00:37,02 (00:37,02)   100m: 01:18,34 (00:41,32)   150m: 02:00,89 (00:42,55)   200m: 02:44,18 (00:43,29)<br>250m: 03:28,01 (00:43,83)   300m: 04:52,27 (01:24,26)   350m: 04:55,40 (00:03,13)   400m: 05:36,02 (00:40,62) |      |                     |          |     |
| 5.    | Giuliana Condemi  | 2007 | DSW 1912 Darmstadt  | 05:45,59 | 320 |
|       | 50m: 00:37,48 (00:37,48)   100m: 01:20,24 (00:42,76)   150m: 02:05,00 (00:44,76)   200m: 02:49,45 (00:44,45)<br>250m: 03:34,69 (00:45,24)   300m: 04:20,19 (00:45,50)   350m: 05:04,56 (00:44,37)   400m: 05:45,59 (00:41,03) |      |                     |          |     |
| 6.    | Lea Borst   | 2007 | SV Poseidon Limburg | 06:05,57 | 270 |
|       | 50m: 00:40,18 (00:40,18)   100m: 01:24,72 (00:44,54)   150m: 02:10,86 (00:46,14)   200m: 02:58,24 (00:47,38)<br>250m: 03:46,35 (00:48,11)   300m: 04:34,21 (00:47,86)   350m: 05:20,61 (00:46,40)   400m: 06:05,57 (00:44,96) |      |                     |          |     |
| 7.    | Leonie Sommerkorn   | 2007 | TSG Darmstadt       | 06:10,51 | 259 |
|       | 50m: 00:38,97 (00:38,97)   100m: 01:24,02 (00:45,05)   150m: 02:11,46 (00:47,44)   200m: 02:59,68 (00:48,22)<br>250m: 03:48,46 (00:48,78)   300m: 04:37,04 (00:48,58)   350m: 05:25,94 (00:48,90)   400m: 06:10,51 (00:44,57) |      |                     |          |     |
| 8.    | Frida Tesch   | 2007 | USC Mainz           | 06:11,53 | 257 |
|       | 50m: 00:42,30 (00:42,30)   100m: 01:29,71 (00:47,41)   150m: 02:17,44 (00:47,73)   200m: 03:05,29 (00:47,85)<br>250m: 03:52,44 (00:47,15)   300m: 04:40,82 (00:48,38)   350m: 05:26,56 (00:45,74)   400m: 06:11,53 (00:44,97) |      |                     |          |     |



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